

# RN

A JOURNAL FOR NURSES

New Drugs of '56

Bridge House

The Nurse's Role in  
Industrial Eye Care



December, 1956



# PACQUINS HAND CREAM

was made to  
protect your hands...



Lanolin-rich Pacquins Hand Cream for extra-dry skin gives more hands protection than any other hand cream in the world. Never greasy or sticky; disappears quickly.

*Pacquins was originally formulated  
for professional use only*



On sale at all drug counters in U. S. and Canada

# A JOURNAL **RN** FOR NURSES

VOLUME XIX • NUMBER XII • DECEMBER 1956

## CONTENTS

### PAGE

- 34 EDITORIAL: GIVE GIFTS OF YOUR HEART**  
Love of one's fellow man is the firm foundation of all human relationships. Many realize this all year 'round. But for some, it takes the miracle of Christmas to open their hearts to others.  
**BY ALICE R. CLARKE, R.N.**
- 36 SAINT JEAN'S OF BRUGES**  
In the town of Bruges, Belgium, there is a hospital where solicitous care of the sick and art have been traditions for 800 years.  
**BY EVELYN PASTORE, R.N.**
- 43 POEM: FIRST CHRISTMAS TREE**  
**BY AL GRAHAM**
- 44 MY CHRISTMAS CARDS**  
An historical account of the development of greeting cards with illustrations of some of the outstanding types of the past.  
**BY JO BROWN**
- 50 NEW DRUGS OF '56**  
Here's a report on new drugs developed during the past year which appear to possess definite advantages over older agents.  
**BY MORTON J. RODMAN, PH.D.**
- 53 PROBLE**  
**BY JO BROWN**
- 56 BRIDGE HOUSE**  
The story of New York City's successful program which teaches alcoholics the use of will power in overcoming chronic addiction.  
**BY MARION L. BRIGGS, R.N.**

**BPA**

**NBP**

R.N. December 1956; Vol. 19, No. 12. Published monthly by The Nightingale Press, Inc., Oradell, New Jersey. Subscription \$2 a year; 25¢ a copy; Canada and foreign countries \$3 a year; address: R.N., Rutherford, New Jersey. Entered as second class matter, Nov. 20, 1951, at the post office at Rutherford, N.J. under the act of March 3, 1879. Copyright 1956, by The Nightingale Press, Incorporated.

... and a Merry Christmas to you



## THE CLINIC SHOE

REG. U.S. PAT. OFF. AND CANADA

for Young Women in White

Greeting to you with your genuine understanding of your needs. It is the makers of Clinic Shoes.

THE CLINIC SHOE WORKS, 1221 LOCUST ST., SEPT. 2ND FL., LOUIS 8



PAGE

63 FROM CAP TO CROWN

64 THE NURSE'S ROLE IN INDUSTRIAL EYE CARE

Eye injuries require immediate and skillful nursing. All nurses, especially those in industry, should know the basic rules of eye care.

BY CLAIRE SCHWARTZ, R.N.

66 "ZEKE AND DESSIE"

BY JO BROWN

**CREDITS:** Cover-photographer, Walter Herstatt; cap and pin, Department of Nursing, University of Virginia, Charlottesville, Virginia; uniform, Tiffiny Uniform Company, New York, N.Y. Photographs—36 through 41, Saint Jean's Hospital, Bruges, Belgium; 63, National Broadcasting Company; Christmas card reproductions, 45 through 49, Pitman Publishing Corporation (for the original copyright owners). Poem, 43, reprinted with permission from The New York Herald Tribune.

DEPARTMENTS

11 DEBITS AND CREDITS

27 LITERATURE AND SAMPLES

55 SCIENCE SHORTS

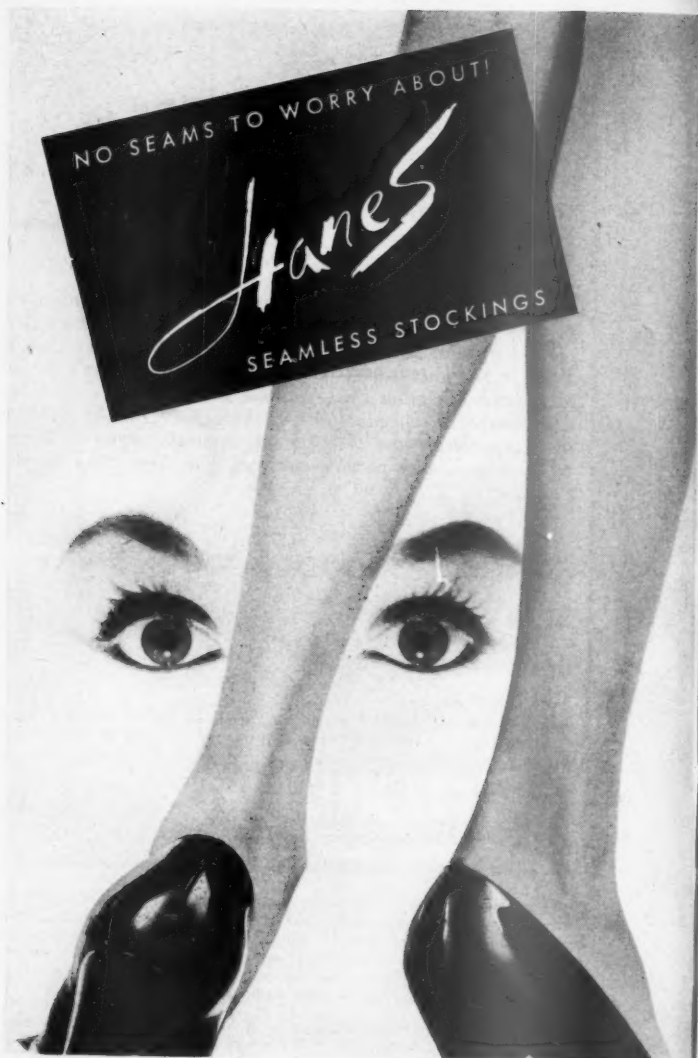
Allergy tests • Division of the human cell • Radiation dosage • Tranquillizing drugs • Incidence of poliomyelitis • Treatment of pinworm infestation

61 NEWS CAPSULES

79 POSITIONS AVAILABLE

**MANUSCRIPTS** are always welcomed by the editors—particularly those written on nursing and allied subjects by interested authors. Manuscripts should be typed, with double or triple spacing. Send photographs and/or illustrations with manuscripts whenever possible. All published manuscripts become the property of R.N. Manuscripts not accepted will be returned to their authors.

**REPRINTS** of material published in R.N. should carry the following credit line: "Reprinted from R.N.—a journal for nurses, month, year, copyright year, The Nightingale Press, Inc., Oradell, N.J." The editors are happy to grant permission, but such permission must be requested in writing before reprints are made.



\$1.35 TO \$1.95 AT LEADING STORES

4

R.N.—a journal for nurses

E I

EDITO  
Alice

MAN  
Alber

EDITO  
Franc  
As  
Al G  
Co  
Jo B  
Ar

CONSI  
Janet  
Mort

GENE  
Russe

ADVER  
Glad  
Joseph  
Rep  
53  
O

A. Wi  
Rep  
66  
Cl

The E  
Rep  
31  
Lo  
an  
57  
Sa

CIRCUL  
Mary I

PUBLIS  
William

dece

## EDITORIAL STAFF

### EDITOR

Alice R. Clarke, R.N.

### MANAGING EDITOR

Albert B. Miller

### EDITORIAL STAFF

Frances Elder, R.N.

*Associate Editor*

Al Graham

*Copy Editor*

Jo Brown

*Art Director*

### CONSULTANTS

Janet M. Geister, R.N.

Morton J. Rodman, Ph.D.

### GENERAL MANAGER

Russell H. Babb

### ADVERTISING

Cladys Huss

Joseph C. Dea

*Representatives*

550 Kinderkamack Road  
Oradell, New Jersey

A. William Stahnke, Jr.

*Representative*

664 N. Michigan Avenue  
Chicago 11, Illinois

The Eschen Company

*Representatives*

3142 Wilshire Boulevard  
Los Angeles 5, California  
and  
57 Post Street  
San Francisco 4, California

### CIRCULATION MANAGER

Mary Bousfield

### PUBLISHER

William L. Chapman, Jr.

## ABOUT



SINCE the School of Nursing at the University of Virginia was established in 1901, its high standards of education and service have allowed graduates to meet the ever-increasing demands of nursing.

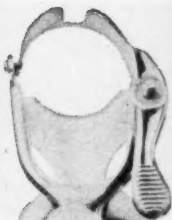
Its pin prominently displays the University's Rotunda, which was designed by Thomas Jefferson and is one of the best known American university buildings.

The alumnae association, started in 1916, has an enrollment of 1,400 members. Almost half of these are actively engaged in nursing.

The Department of Nursing administers two other programs under the jurisdiction of the Schools of Medicine and Education, and the University of Virginia Hospital. The Cabaniss Memorial School offers the B.S. degree in Nursing Education. Started in 1928 by an endowment of \$50,000 from the Graduate Nurses' Association of Virginia, it is named for Sadie Heath Cabaniss, Virginia's outstanding pioneer nurse.

Another program offers the Bachelor of Science degree in Nursing. Two other Virginia colleges, Madison and Longwood, also participate in this program.

AN ADVANCE



in the treatment of vaginitis

**new... simple... effective... topical therapy**

**Clinical evidence** shows Sterisil Vaginal Gel to be highly effective not only against *Trichomonas* and *Monilia*, but against the newly discovered pathogen *Hemophilus vaginalis* (now believed to be the etiologic organism most frequently responsible for so-called "non-specific" vaginitis and leukorrhea).\*

**High tissue affinity** of Sterisil assures prolonged antiseptic action; vaginal secretions are less likely to remove Sterisil from the site of application. Sterisil is also more convenient for the patient. Fewer applications are required for successful treatment.

**Acceptable to patients**, Sterisil Vaginal Gel is easily applied, won't leak or stain, requires no pad. Signs of local or systemic toxicity or sensitization have not been reported.

**Dosage:** One application every other night until a total of 6 has been reached. This treatment may be repeated if necessary.

**Supplied** in 1½ oz. tube with 6 disposable applicators. Instructions for use are included with each package.

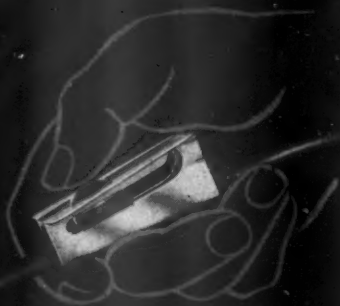
\*Gardner, H. L., and Dukes, C. D.: *Am. J. Obst. & Gynec.* 69:962 (May) 1955.

**STERISIL<sup>®</sup>** VAGINAL GEL

Brand of hexetidine

**WARNER-CHILCOTT**

with  
one  
hand...



precise control of fluid flow

new **FLO-TROL** clamp

now available exclusively on PLEXITRON®

*Expendable Administration Sets*

Newly designed clamp permits easy, accurate, one-handed control of fluid flow. Free-gliding wheel moves easily along tubing...adjusts accurately to any desired rate of flow. Clamp comes attached to tubing...can't be lost.

...TODAY AS 25 YEARS AGO PIONEERING PARENTERALS...

**BAXTER LABORATORIES, INC.**

MORTON GROVE, ILLINOIS

DISTRIBUTED AND AVAILABLE ONLY IN THE 37 STATES EAST OF THE ROCKIES (except in the city of El Paso, Texas) THROUGH  
**AMERICAN HOSPITAL SUPPLY CORPORATION**  
SCIENTIFIC PRODUCTS DIVISION GENERAL OFFICES • EVANSTON, ILLINOIS

december, 1956



*happy baby, happy parents, happy doctor, happy nurse\**

\*Controlled clinical experience has shown that BREMIL-fed babies are remarkably free from common, annoying feeding reactions, such as colic, diaper rash, vomiting, diarrhea, persistent irritability, and sensitivity reactions.<sup>1</sup>

Write today for the folder "Facts for Nurses about BREMIL-fed Babies." Borden's Prescription Products Division, 350 Madison Avenue, New York 17, New York.

1. Oberman, J. W., and Burke, F. G.: M. Ann. District of Columbia 22:485, 1954.

## Bremil®

*infant feeding choice  
of more and more doctors every day*

Nurses like it, too — because it's a powder that mixes like a liquid, and just one dilution serves from birth to discharge.

**Borden's** PRESCRIPTION PRODUCTS DIVISION  
© 350 Madison Avenue, New York 17

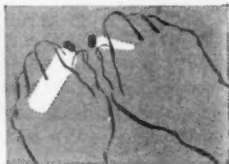
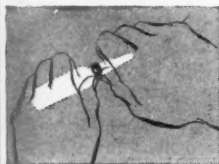




**"GRIP!"**

**"BEND!"**

**"SNAP!"**



**...and your ampul is ready to use**



**Opening a new Kimble Color-Break® Ampul is that easy.**

**NO FILING. NO SAWING. NO SCORING.**



A solution sealed in a Kimble Color-Break Ampul can't be tampered with; you can be sure it will always be kept as pure and sterile as the day it was packaged.

Many producers of parenteral solutions are already using Kimble Color-Break Ampuls. You can recognize them by the distinctive blue band around the neck of the ampul.

\*Color-Break is a trade mark of the Kimble Glass Company, subsidiary of Owens-Illinois.

**KIMBLE COLOR-BREAK AMPULS**  
AN **®** PRODUCT

**OWENS-ILLINOIS**  
GENERAL OFFICES-TOLEDO 1, OHIO



Consider the **ADVANTAGES** of  
for your **ARTHRITIC PATIENTS**

**ANACIN**

Anacin exercises prompt, efficient, and safe analgesia in relieving the ordinary aches and pains of arthritis. This skillfully compounded formula affords prolonged analgesia and is exceptionally well tolerated. Anacin can not upset the stomach. For years Anacin has enjoyed wide professional acceptance. You can depend upon Anacin Tablets for the non-narcotic and effective intervention of pain. Available at all drugstores and hospital pharmacies.

always

**ANACIN**

WHITEHALL PHARMACAL COMPANY, NEW YORK, N. Y.



## DEBITS & CREDITS



### PERSONAL PROBLEMS

Dear Editor:

Your September editorial, "Should They Walk Alone?" (re Nursing's No. 1 killer) and "Idea of the Month" (re better staff relationships) seem to answer and complement each other. That they appear in the same issue seems amazing coincidence!

I do not deny that discipline is essential if we are to have well-trained nurses. Yet all nurses know what I mean by *this*: Work at your top peak indefinitely and no one will notice you; but make one tiny error and you are under censure from the chief-of-staff to the dishwasher; and the error isn't soon forgotten.

The sad part is that the nurse carries her hospital discipline into her private life. On several occasions when young married nurses have confided their problems to me I have asked, "Are you unconsciously treating your husband as

you have been treated as a nurse?" I am happy to say that they have later reported their problems smoothed by a change in their own attitude. Reams have been written on how to get along with others; the basic idea is always to accentuate the other person's good points, and eventually the problem will clear itself.

We are sending young nurses into life with a terrific handicap if—without realizing it—they use hospital psychology, as used on them, in their relationships with other individuals.

R.N.

MILWAUKEE, WISC.

### MUTUAL RESPECT

Dear Editor:

I am one of California's 10,000 licensed vocational nurses. In a recent issue of R.N., I came across letters to the editor concerning practical nurses and speaking of them in a derogatory way. If such

# Why CHOOZ gives mothers-to-be such long relief from **HEARTBURN**



When pregnancy brings hyperacidity and heartburn, thousands of women find their greatest comfort in CHOOZ, the chewing-gum antacid. Many write to tell us CHOOZ gives complete relief, even when antacid mints fail.

The reason is simple. When antacid mints go into the stomach *all at once*—not completely dissolved—they may soothe only *part* of it. Or they make the stomach far too alkaline, thus inviting another acid rise.

But CHOOZ—through *chewing*—flows its medicine into the stomach *continuously*...in ready-to-act solution. Laboratory tests prove that this gentle continuing medication...without overalkalizing...counteracts excess acid *6 times longer* than any leading antacid mint!

Why not keep refreshing, effective CHOOZ on hand—with our compliments? Just return the coupon below.

**TRIAL SUPPLY  
FREE  
TO NURSES**



PHARMACO, Inc., Dept. RN-126  
Kenilworth, New Jersey  
Please send me, *free*, a generous trial supply of chewing-gum antacid, CHOOZ.

Name.....  
Address.....  
City.....Zone.....  
State.....

letters indicate the way R.N.'s generally feel about practical nurses, is it any wonder that some of the latter seek employment where they won't be under R.N. supervision?

Fortunately, I have never worked with nurses who feel this way. I am under the supervision of wonderful R.N.'s who are willing to aid and teach at the same time. I respect them and they respect me as an L.V.N. I am grateful for what they have taught me and they, in turn, are pleased with the results.

(Mrs.) T. STANKEY, L.V.N.  
SAN FRANCISCO, CALIF.

## READY REFERENCE

Dear Editor:

We have found R.N. so helpful and so full of information which we use for reference that we would like to keep back issues available in our library. Do you have binders which hold the twelve yearly issues?

MARGARET M. BUTLER, R.N.  
DIRECTOR  
VISITING NURSE ASSOCIATION  
WILMINGTON, DEL.

[Such binders are available at \$1.70 each from Nightingale Press, Inc., Oradell, N.J.—THE EDITORS]

## STAFF RELATIONS

Dear Editor:

As a practical nurse, I take exception in many ways to Florence L. McQuillan's article, "The Physician's Role in the Practical Nurse Controversy" R.N., June 1956.) I have worked in the same

[Continued on page 16]

**NO MORE MESS**

**ANNOUNCING**

**PHARMASEAL®**

**DISPOSABLE OIL  
RETENTION  
ENEMA**

Prepackaged.

Easy to administer.

Disposable and economical.

The savings in time and  
mess are obvious.

*Another Pharmaseal First!*



**PHARMASEAL OIL ENEMA HELPS ADD DIGNITY TO THE NURSING PROFESSION.**  
december, 1956

*a new maximum  
in therapeutic  
effectiveness*

*a new maximum  
in protection  
against  
resistance*

*a new maximum  
in safety and  
toleration*

multi-spectrum  
synergistically  
strengthened...

# Sigma

OLEANDOMYCIN TETRACYCLINE

for  
your  
entire



for  
our  
tire

patient  
population

*a new certainty*

in antibiotic therapy,  
particularly for  
the 90% of patients  
treated at home  
and in the office

Superior control of infectious diseases through superior control of the changing microbial population is now available in a new formulation of tetracycline, outstanding broad-spectrum antibiotic, with oleandomycin, new Pfizer-discovered antimicrobial agent which controls resistant strains. The synergistic combination now brings to antibiotic therapy: (1) a new fuller antimicrobial spectrum which includes even "resistant" staphylococci; (2) new superior protection against emergence of new resistant strains; (3) new superior safety and toleration.

a mycin\*

TRADEMARK

Pfizer

CLINE

nurses

december, 1956

15

# HOLLYWOOD sani- white®



## FOR THE WHITEST SHOES!

**STAYS ON LONGEST!!**

**Resists Rub-off—Does Not Streak**

**PREVENTS CRACKING!**

**SANI-WHITE** is the preferred shoe polish everywhere. More nurses throughout the country make it their first choice. Many hospitals order their staff needs direct from our factory. Try it just once... "it's the ultimate!"

**CAUTION:** Ask for **SANI-WHITE** by name. Accept no substitute.

**MONEY BACK GUARANTEE**

If your dealer is out of stock, write to:  
**HOLLYWOOD SHOE POLISH, INC.**  
Richmond Hill 19, N. Y.

## DEBITS AND CREDITS

[Continued from page 12]

hospital for over ten years, and it has been my privilege to have enjoyed the full respect, understanding and friendship of all R.N.'s and doctors with whom I have worked.

Why, in a properly run hospital, would an unqualified nurse be left in charge of a 55-bed service? And why would a verbal order for administration of a narcotic be either given or taken? Wouldn't the blame be equally divided between the doctor who gave the order and the nurse who accepted it?

As to why some doctors prefer practical nurses: I can understand that from the attitude I have seen some nurses assume in resenting what they are asked to do; a little courtesy goes a long way.

Perhaps the time has come when we should all—R.N.'s and practical nurses alike—take stock of ourselves. Perhaps a revision of our codes of ethics would make for better understanding all around. I am sure that no practical nurse whose aim is to do a good job, would infringe on the rights of any R.N.

BERNICE J. BRUCH, L.P.N.  
JERSEY CITY, N.J.

## NOTES FROM NIPPON

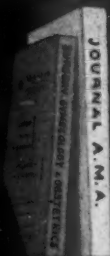
Dear Editor:

My name is Tsutako Iimori and I am a nurse in Japan. I have received many of your R.N. Although I cannot read all the pages completely, I try to read and en-

# PHOSPHO-SODA

(Fleet)

gentle • prompt • thorough



## A modern laxative of choice...

as evidenced by  
recent and continuing clinical evaluation.



## A proven laxative...

as evidenced by professional recommendation  
for over half a century.

Also makers of

**FLEET® ENEMA**

Disposable Unit

## C. B. FLEET CO., INC.

Lynchburg, Virginia

Established 1869

Phospho-Soda (Fleet) is a solution containing in each 100 cc.,  
sodium biphosphate 48 gm., and sodium phosphate 18 gm.



joy it by using the dictionary. I find very interesting your R.N. I find interesting your country, hospitals, and nurses. I wish you the progress of your R.N.

TSUTAKO IIMORI  
MATSUZAWA MENTAL HOSPITAL  
TOKYO, JAPAN

\* \* \*

Dear Editor:

We military dependents here in Nagoya have organized a registered nurses' group and have many interesting projects ahead. Would you kindly send several R.N. subscription forms? Many have asked me about your magazine and wish to subscribe.

Also, I would like to have some reprints of the "Disaster Symposium" published in your May

issue. These articles would be of great help to us in our efforts to organize for disaster nursing here in Nagoya.

May I tell you how much I enjoy R.N.? I read every word of it from cover to cover, including all the advertisements.

(Mrs.) MARGARET L. HAYES, R.N.  
NAGOYA, JAPAN

#### OKINAWA CLUB

Dear Editor:

When I joined my husband on Okinawa late in '53, I was told that nurses were in great demand here. As a former Army nurse, I felt sure that my volunteer services would be welcomed at the Army hospital. But I was mistaken. And everywhere else I got the same



raw throats



respond best

*Delicately flavored  
Aspergum gives immediate  
and effective topical  
anesthesia in the  
pharyngeal area. Chewing  
increases salivation and  
alleviates throat stiffness.  
A welcome medication to  
throat irritation and  
especially after  
tonsillotomy.*

to **ASPERGUM®**

WHITE LABORATORIES, INC.  
Burlington, N. J.

Vic

W  
fo  
ge  
V  
ti  
gr  
th  
in  
th  
br

For  
Pro  
San  
Vic  
Vap  
just  
the  
cou

dece



When  
You  
Recommend  
Steam  
Therapy



## *Vicks VapoRub's 7 volatile ingredients will enhance the soothing relief*

When steam therapy is indicated for croupy coughs, bronchial congestion and laryngitis, suggest Vicks VapoRub as a logical additive. VapoRub's 7 volatilizing ingredients enhance the efficacy of the treatment by soothing the dry, irritated membranes, loosening the phlegm and restoring normal breathing. In steam, it works fast,

brings dramatic relief. Your patients will rest easier.

VapoRub is used by 3 out of 5 families as a chest rub. That's why most of your patients will have it on hand ready for use, when you recommend its use in steam therapy. VapoRub can be used with full benefit in either a vaporizer or bowl of steaming water.

For  
Professional  
Samples of  
Vicks  
VapoRub  
just fill in  
the handy  
coupon

**VICK CHEMICAL COMPANY**

Dept. RN 15, Box 1813  
Greensboro, N. C.

Please send me, without obligation, a supply of Vicks VapoRub samples.

Name

Address

City  Zone  State



## whiter than new

Surveys conducted by a leading nursing magazine\* revealed that...

More nurses prefer and use

## ESQUIRE LANOL-WHITE

than the next 3 brands combined!

They like the way it dissolves dirt completely, leaves shoes whiter, stays on longer... all in one simple operation.

And LANOL-WHITE is the only white that contains lanolin, nature's own leather preservative that helps keep your shoes from drying out and cracking.

Bottle or tube  
... only **25c**

\*name on request



answer: "Sorry, we can't use you."

In May '54, the R.N. Club of Okinawa was formed under the leadership of Mrs. Juanita Watterworth, public health nurse for the U.S. Civil Administration of the Ryukyu Islands. As a member, I have been able to do much worthwhile volunteer work.

The club's first project was to help with nursing in the native hospital. Now, its volunteer members—after taking Red Cross courses—are teaching classes in home care of the sick and mother-baby care. They also volunteer for disaster and epidemic duty. Last year, these R.N.'s gave more than 3,500 hours of voluntary service, including participation in Diabetic Detection Week, a flu vaccine round-up, the Salk vaccine program, and the spring and fall immunization of school children.

(Mrs.) HELEN S. PILLIVANT, R.N.

APO 331

SAN FRANCISCO, CALIF.

## WORKING THEIR WAY . . .

Dear Editor:

Two young women came to my home recently, saying they wished to tell me about a "nursing plan." Upon admission, they informed me that they were senior students taking a five-year course at a school of nursing with which I am not acquainted. To obtain tuition money, they were selling magazine subscriptions.

I was shocked to think that nursing had reached the place where its students had to stoop to

# High concentration Topical Salicylate Therapy

for safer, more effective  
relief of rheumatic pain



High concentration topical salicylate-menthol therapy (BAUME BENGUÉ) offers safe, penetrating relief of painful joints and muscles caused by overexertion.

## Baume Bengué

ANALGÉSIQUE

■ *Topical salicylate therapy is being rediscovered as perhaps the safest, most effective remedy for aching joints and muscles.*

*Increased percutaneous absorption of salicylate, with enhanced blood flow through the affected tissue is provided by BAUME BENGUÉ, offering up to 2.5 times more methyl salicylate and menthol than other topical salicylate preparations. In arthritis, myositis, bursitis and arthralgia, BAUME BENGUÉ induces deep, active hyperemia and local analgesia.*

Lange and Weiner suggest the term "hyperkinemics" to describe preparations such as BAUME BENGUÉ which produce blood flow through a tissue area. They point out that hyperkinemic effect, as measured by thermoneedles, may extend to a depth of 2.5 cm. below the surface of the skin. (J. Invest. Dermat. 12:263, May, 1949.)

Two strengths: regular and children's.

THOS. LEEMING & CO., INC.

155 E. 44th Street, New York 17, N. Y.

Menthol-induced hyperemia plus high local concentration of salicylate has been rediscovered as one of the most promptly effective remedies for rheumatoid discomfort due to exposure.



**Free '57 catalog of**

# Beautiful Bed Signs



Send for the colorful new 1957 catalog that explains the simple, efficient Hollister Bed Sign system.

BED SIGNS BY  
**HOLLISTER**

To: **FRANKLIN C. HOLLISTER CO.**  
833 N. Orleans St., Chicago 10, Ill.

Please send:

- ☐ **FREE 1957 Bed Sign Catalog and Price List.**
- ☐ **Demonstration Kit, including sign and Reminder Cards. Price \$3.50. Please bill hospital with understanding kit may be returned within 30 days for refund.**

HOSPITAL \_\_\_\_\_

ADDRESS \_\_\_\_\_

NAME \_\_\_\_\_

TITLE \_\_\_\_\_

this type of thing to raise funds for their education. Is there not a place to which nursing students can go for a scholarship or loan if they need one?

I do not know whether these girls had the O.K. of their school; but surely no school of nursing worth its salt would condone such a thing. Think how this type of solicitation must lower the profession in the eyes of the public!

(Mrs.) **PHYLLIS SALTER, R.N.**  
GLEN ELLYN, ILL.

## CHRISTMAS-LIKE

Dear Editor:

Your Drug Digest Cards are like a Christmas gift—for they enable me to share my issues of R.N. with another nurse and still have on file the drug records as printed in the magazine.

**MABEL L. STRANAHAN, R.N.**  
EAST LANSDOWNE, PA.

## COURAGEOUS R.N.

Dear Editor:

I wish to congratulate you on the fine article in your September issue about Mrs. Boyle and her fight to have blind and sighted students integrated in a public school (R.N., Sept. 1956). We could use more nurses like her. Too often a nurse who "sticks her neck out" in advocating a progressive program is labeled a troublemaker. Mrs. Boyle knows the true meaning of the pledge we all take and so few have the courage to heed.

(Mrs.) **PHYLLIS C. BARRINS, R.N.**  
SAN MANUEL, ARIZ.

**KNOX**

# Protein Previews



## New Booklet Presents Latest Facts on Feeding the Sick



Nurses often must devote much time to describing good nutritional practices.

"Meal Planning for the Sick and Convalescent" relieves you of the need for repeating over and over again essential dietary facts. This new Knox booklet presents the latest nutritional applications of proteins, vitamins and minerals, suggests ways to stimulate appetite and describes diets from clear liquid to full convalescent. It offers the homemaker for the first time detailed daily suggested menus for each type of diet, plus 14 pages of tested nourishing recipes.

If you would like copies of this new timesaving Knox booklet, use the coupon below.

Chas. B. Knox Gelatine Company, Inc.  
Professional Service Department RN-18  
Johnstown, N. Y.

Please send me.....copies of the  
new Knox "Sick and Convalescent"  
booklet.

YOUR NAME AND ADDRESS

HERE'S WHY SO MANY NURSES  
NOW SMOKE AND ENJOY

# VICEROY

Microscopic analysis  
shows the  
Viceroy tip has...

20,000  
FILTERS

Twice as Many Filters  
AS THE OTHER TWO LARGEST-SELLING FILTER BRANDS  
For the Smoothest Taste  
in Smoking!

COMPARE!

HOW MANY FILTERS IN YOUR FILTER  
TIP? (REMEMBER—THE MORE FILTERS  
THE SMOOTHER THE TASTE!)

Viceroy

TWICE  
AS MANY  
FILTERS

Brand B

Only HALF  
the  
FILTERS

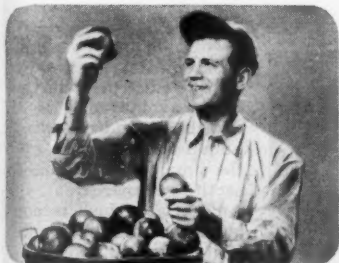
Brand C

LESS than  
HALF the  
FILTERS

Viceroy's exclusive filter is made from  
pure cellulose—soft, snow-white, natural!



## WHAT BEECH-NUT QUALITY MEANS



**FRESHNESS** in every jar. Fruits and vegetables are picked at perfection and processed to provide the most in eating pleasure.



**PURITY** is guarded all the way by Beech-Nut—from the careful washing of every ingredient, to the sterilization of each sparkling glass jar.



**FLAVOR** is constant. A panel of taste testers makes daily checks to positively guarantee Beech-Nut's uniformly fine flavor.



**NUTRITION** is another important factor in Beech-Nut quality. Precious vitamins and minerals have been retained in high degree.



**VARIETY** is the spice of Baby's life with Beech-Nut. There are 5 pre-cooked Baby Cereals, 28 Strained Foods, 26 Junior Foods.

Pediatricians know that Beech-Nut keeps up with the very latest scientific methods developed for taking better care of Baby. Also, the research department at Beech-Nut is continually searching for new ways to improve packaging, to guarantee important flavor control, to preserve all possible nutritional value. It's no wonder doctors recommend Beech-Nut Baby Foods to mothers for their babies.

### Beech-Nut Baby Foods

Canajoharie, New York

## eliminate needless surface pain



The topical pain of many routine office procedures can be avoided or relieved, and the patient spared unnecessary distress, by the simple application of soothing Nupercainal. And for abrasions, minor burns, and other skin irritations and trauma, Nupercainal brings quick, lasting relief.

■ Nupercainal is available as Ointment, 1%, Cream, 0.5%, and Ophthalmic Ointment, 0.5%. The Cream is preferred for use on moist, weeping lesions. It is nongreasy and will not stain, washes off easily... The Ointment is better for encrusted skin conditions because of its softening lanolin and petrolatum base.

■ Nupercainal is made only by CIBA, whose international reputation embodies a half century of service and research in pharmaceuticals. Available at all drug counters, you can recommend it with assurance.

# Nupercainal®

(dibucaine CIBA)

*topical anesthetic for obstetrics • ophthalmology • proctology*

C I B A Summit, N.J.  
©/1959





## LITERATURE & SAMPLES

**HAND SAFETY IN THE KITCHEN:** A new leaflet emphasizes care of the hands in performing ordinary kitchen tasks. These DO'S and DON'TS of hand safety will be of particular interest to nursing arts instructors, high school, public health and industrial nurses. BRISTOL-MYERS PRODUCTS DIVISION. **L 1**

**EXAMINING TABLE:** Nurses who are consulted about the selection of major equipment may be interested in a folder which describes and illustrates the Ritter Universal Table, for examination and treatment. RITTER CO., INC. **L 2**

**HOUSEWIVES' ECZEMA:** Eczema of the hands, commonly caused by soaps

and detergents, sometimes presents a discouraging problem. Clinical literature and a sample of Polysorb Hydrate are offered. E. FOUGERA & CO., INC. **L 3**

**RELIEF FOR PARCHED LIPS:** Fleet's Chap Stick is gratefully accepted by hospital patients, for use on parched, feverish lips. Samples are offered to nurses. CHAP STICK CO. **L 4**

**VITAMINS:** A new catalog has been issued by Hudson, the firm that supplies vitamins and vitamin-mineral combinations by mail. Sixty-three items are indexed and described. HUDSON VITAMIN PRODUCTS, INC. **L 5**

..... CIRCLE DESIRED ITEMS, CLIP COUPON, AND MAIL TO .....

READERS' SERVICE DEPT.  
R.N.—A JOURNAL FOR NURSES  
ORADELL, NEW JERSEY

December, 1956

Please send me information on the following items, . . .  
**L 1 2 3 4 5**

Coupon void  
after  
February 28, 1957

NAME \_\_\_\_\_ **R.N.**

STREET \_\_\_\_\_

CITY \_\_\_\_\_ **ZONE** \_\_\_\_\_ **STATE** \_\_\_\_\_

**TYPE OF NURSING** \_\_\_\_\_  
(PLEASE PRINT OR TYPE)

december, 1956

27

## MISS PHOEBE

NO. 14 IN A SERIES

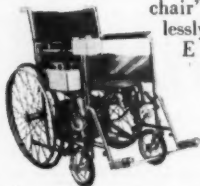


"He sprang to his sleigh, to his team gave a whistle,  
and away they all flew—as slick as an E & J chair!"



How many "you'll-never-get-me-in-a-wheel-chair" patients do you know who are needlessly wasting away in back bedrooms?

E & J chairs may well be their magic carpet to a new world of activity. And the ticket to that new life may be an encouraging word from someone like you.



The amazing E & J electric wheel chair that tops them all.

You can recommend EVEREST & JENNINGS folding wheel chairs with confidence. There's a helpful E & J dealer near you.

**EVEREST & JENNINGS, INC.** LOS ANGELES 25



## How to cope with the calorie question

Tell your patients about new D-ZERTA PUDDINGS (*Chocolate, Vanilla and Butterscotch*). Made especially for weight watchers and for those who must cut down on carbohydrates.

These delicious puddings are sweet and satisfying—yet they contain only 54 calories in a serving. That's with skim milk. With whole milk count 94.

D-ZERTA GELATIN is another low-calorie dessert. *Only 12 calories* in a serving that costs just pennies. At grocery stores everywhere in the 6 famous Jell-O flavors.

### D-Zerta Puddings and Gelatins

Made by the makers of Jell-O desserts—  
for those who must watch their sugar intake.



common cold...  
or allergy

if he's coughing:

## AMBENYL<sup>®</sup> EXPECTORANT

AMBENYL EXPECTORANT has achieved an outstanding record for cough relief because it is equally effective in coughs occurring with colds and in those where allergy may be a factor. Comprehensive in formulation, AMBENYL EXPECTORANT includes selected demulcent and expectorant agents, plus Ambodryl,<sup>®</sup> for potent antihistaminic action, and Benadryl,<sup>®</sup> for antihistaminic-antispasmodic effect. These components promptly control frequency and severity of any uncomplicated cough because they: soothe irritated respiratory mucosa, make cough more productive, relax bronchial spasm, and relieve congestive symptoms.



AMBENYL EXPECTORANT contains in each fluid ounce:

Ambodryl hydrochloride	24 mg
(bromodiphenhydramine hydrochloride, Parke-Davis)	
Benadryl hydrochloride	56 mg
(diphenhydramine hydrochloride, Parke-Davis)	
Dihydrocodeinone b tartrate	1/4 gr
Ammonium chloride	8 gr
Potassium guaiacolsulfonate	8 gr
Menthol	0.5
Alcohol	5%

Supplied in 16-ounce and 1-gallon bottles.

**Dosage:** Every three or four hours—adults, 1 to 2 teaspoonfuls; children, 1/2 to 1 teaspoonful.



PARKE, DAVIS & COMPANY  
DETROIT, 32, MICHIGAN

# SAVE \$3.06

on this big assortment of surgical dressings you need every day



**Limited "Emergencies Don't Wait" Professional Package offer** to acquaint you with amazing new KLING\* Conform Bandage. Here's your chance to get a *superior* bandage for *less* than the cost of a RED CROSS† Bandage.

KLING Bandage has a unique crinkly texture that can't slip, can't slide. It's the neatest, most comfortable bandage made.

Contact your surgical supply house representative now before offer expires

**Your cost \$7.95**

**Professional Value \$11.01**

BAND-AID\* Butterfly Closures . . 1 box  
ELASTIKON\* Adhesive Tape, 3" . . 1 only  
First Aid Cream (1½ oz.) . . . . 1 only  
KLING\* Conform Bandage, 1" . . ½ doz.  
KLING\* Conform Bandage, 2" . . 1 doz.  
KLING\* Conform Bandage, 3" . . ½ doz.  
K-Y\* Sterile Lubricant, large . . . 1 only

*Johnson & Johnson*

† This product has no connection whatever with American National Red Cross

\*TRADE MARK

**BLAND DIET**

**BREAKFAST**

**LUNCH**

**DINNER**

Three servings of Ovaltine and milk provide:

**MINERALS**

Calcium	1.12 Gm.
Phosphorus	840 mg.
Iron	12 mg.
Copper	0.7 mg.
Iodine	0.7 mg.
Fluorine	0.6 mg.
Cobalt	0.006 mg.
Sodium	580 mg.
Chlorine	900 mg.
Magnesium	120 mg.
Manganese	0.4 mg.
Potassium	1300 mg.
Zinc	2.6 mg.

**VITAMINS**

Vitamin A	3200 I.U.
Vitamin D	420 I.U.
Ascorbic acid	37.0 mg.
Thiamine	1.2 mg.
Riboflavin	2.0 mg.
Pyridoxine	0.5 mg.
Vitamin B <sub>12</sub>	4.0 mcg.
Pantothenic acid	2.0 mg.
Niacin	8.7 mg.
Folic acid	0.05 mg.
Biotin	300 mcg.
Choline	23 Gm.

**\*PROTEIN** 32 Gm.  
**CARBOHYDRATE** 65 Gm.  
**FAT** 30 Gm.

\*Nutrients for which daily dietary allowances are recommended by the National Research Council.

## to balance the bland diet...

Ovaltine with milk, included in the "bland" or special diet, helps to balance and satisfy the complete nutritional requirements of the patient. By increasing levels of nutrients which are deficient in milk, Ovaltine assures minimum daily requirements of B vitamins, ascorbic acid and iron.

Ovaltine adds zest and appeal to the unappetizing, uninteresting restricted menu. Its balanced pro-

tein, vitamin and mineral formula favors weight gain, increases resistance and helps combat the strains of today's living.

Ovaltine is equally tempting hot or cold. This refreshing beverage may be taken at mealtimes, during "break" periods, or as a sleep inducing nightcap. Because it reduces the curd tension of milk over 60%, Ovaltine is kind to sensitive stomachs.



# OVALTINE®

*The World's Most Popular Fortified Food Beverage*

The Wander Company, 105 W. Adams St., Chicago 3, Ill.

A LONG TIME FAVORITE



# White's Vitamin A and D Ointment

THE MULTIPLE PURPOSE SKIN MEDICATION

- RELIEVES PAIN
- PROMOTES PROMPT HEALING
- PROTECTS INFLAMED SKIN

White's Vitamin A and D Ointment has long been a favorite of the medical profession for the treatment of serious burns, ulcers and other slow-healing skin wounds. It has also been used extensively for the prevention and treatment of diaper rash.

White's Vitamin A and D Ointment deserves a place not only in the hospital but in the home medicine cabinet. Use it for minor skin complaints—chafing, dry skin, pruritus, burns—including sunburn—and abrasions.

Let us send you a sample as a starter.

SUPPLIED in 1½ and the economical 4-oz. tubes; 1 and 5 lb. jars.

WHITE LABORATORIES, INC.

Kenilworth, N. J.

*What can I give Him,  
Poor as I am  
If I were a shepherd  
I would bring a lamb,*

## ***Give gifts of your heart***

*Traditionally, Christmas has been a Christian holy day in celebration of the birth of One whom millions accept as the religious Savior of the world. Yet, through the years, Christmas has come to be recognized as a universal festival regardless of diversities of faith.*

*Is it because of the gaiety and colorful festivities associated with it? Is it because the magic of the Christmas season softens hearts, sheds illuminating light on the values men hold, gives eyes a new depth perception? Or is it because God puts His finger on man's shoulder during this commemoration of the birth of Jesus and reawakens the memory of His Son's martyrdom for a principle—the love of one's fellow man?*

*Many show signs of this memory all year 'round, but for some it takes the spirit of Christmas—call it the miracle of Christmas if you will—to open their hearts to others.*

*From that memorable night when the three, gift-bearing Wise Men made their journey across the plains of*



## EDITORIAL

*If I were a Wise Man  
I would do my part—  
Yet what can I give Him?  
Give my heart.  
—Christina Rossetti*

Judea with a single star to guide them, the giving of material gifts has been one expression of love for others. Yet, just to be loved is the greatest of all gifts. Someone once said that there is no surprise more magical than the surprise of being loved.

And so at Christmas when we try "to fit the long budget of fondness within the short budget of funds," let's wrap a separate package of a large portion of this love, tie it with bright ribbon, and tag it with instructions to open frequently throughout the year.

But, as this gift is delivered, let's remember that love means not only affection, it means respect, tolerance, understanding, consideration, and unselfish concern for others. It was for this kind of love that Jesus gave up His temporal life—to establish the firm foundation for all human relationships.

Help keep alive all through the year the memory of His martyrdom, which is, in reality, the magic of Christmas. This year give gifts of your heart.

—Alice R. Clarke, Editor

For 800 years, art and the solicitous care of the sick have been traditions at this Belgian hospital.

## Saint Jean's of Bruges

---

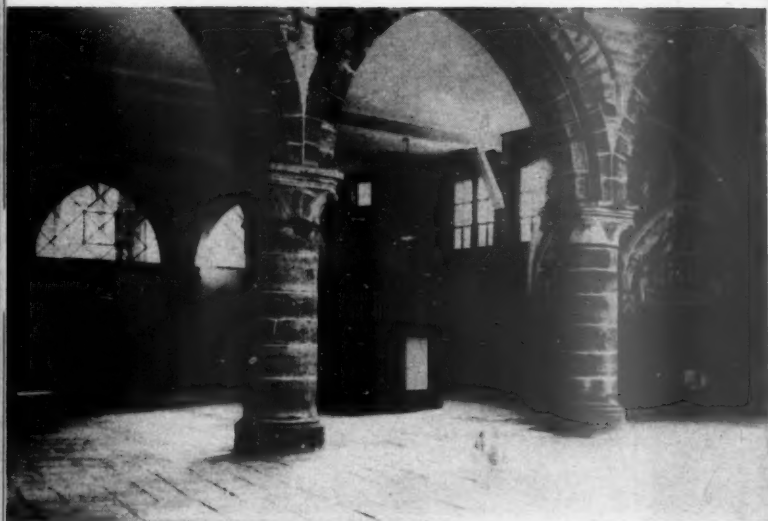
by Evelyn Pastore





**B**RUGES is a quiet town in Belgium where canals catch the picturesque reflection of step-gable roofs, arched bridges, and the angle and contour of a medieval place that has changed little in six centuries. It is a mecca for tourists, and one of its main attractions is Saint Jean's Hospital with its famed collection of paintings by Hans Memling, the fifteenth century master of the Flemish School.

Saint Jean's was founded in 1118 by monks and nuns of St. Augustine as a way station for travelers.




Some of the oldest buildings date from the thirteenth century. Most, though, were built in the past 100 years—but in the old Flemish style. Today, the 700-bed hospital has a large nurses' training school, a school for nurses' aides, and a school for midwifery. These, and the nurses' residence, built two years ago, are set amid spacious gardens.

As it has been for 800 years, the main concern at Saint Jean's is for the sick. Yet the hospital is unique because, in addition to its art collection, the

older buildings are preserved as a museum. There is the vaulted and pillared thirteenth century ward-room. Still used today is the old pharmacy with its elaborately carved chests, Cologne urns, old mortars, and its collection of pharmaceutical jars.

In one of the pharmacy rooms, Hans Memling painted the masterpieces that make Saint Jean's collection the envy of the world's art galleries. In 1475, the hospital commissioned him to paint various religious subjects for its chapel. —————→





Today, six Memling canvases hang in the old stone-flagged chapter room in a corner of the hospital grounds where the flow of tourists cannot interfere with hospital routine. Two such works are *The Adoration of the Magi*, central panel of a triptych completed in 1480, and *The Virgin and the Apple*.



n-  
e-  
a  
al  
of  
re  
vo  
a-  
al  
t-  
in



In many ways, the present is a reminder of the past at the hospital. The high, rounded forehead and the grave, sweet expression of the young nurse at right are typical of facial characteristics Memling placed on canvas centuries ago at Saint Jean's, where the solicitous care of the sick—and art—are both great traditions.









## FIRST CHRISTMAS TREE

*Living on, a part of me,  
Twig and bough and trunk and tree,  
Evergreen of memory!*

The beaded strings of popcorn, strung  
By Mama-ma and Mama, hung  
From bough to bough; while here and there  
An apple hung, or else a pear,  
Or candy cane, or paper hat,  
Or Tinker Bell, or Cheshire Cat,  
Or red or blue or silver ball . . .  
Affixed to every bough, a small  
Metallic holder held in place  
A tiny candle. Round its base  
(A bucket filled with coal), the tree  
Was ringed with toys for Sis and me  
Which, somehow, in the winter night,  
A Saint had brought. And oh, the sight,  
When Christmas evening came, to see  
That candle-lighted Christmas tree!

*Life exhibits little art  
Tearing friend and friend apart;  
Christmas trees are of the heart.*

Al Graham



## My Christmas Cards



by Jo Brown

*My Christmas Cards  
oh while I look  
My store of pictured  
treasures through,  
As in the pages of a book  
I read kind greetings,  
sweet and true  
And faces rise upon  
the waves  
Of mem'ry, that o'er  
Time's dim sea  
The treasures of its  
nooks and caves  
Are softly bringing  
back to me—  
And some are gay  
and some are sad  
Yet cannot bring me  
thoughts of pain,  
'Tis only memories  
sweet and glad,  
That Christmas cards  
bring back again,  
For all are fraught with  
hope and love,  
So may the card I  
send to thee  
In some hereafter  
Christmas prove  
A happy memory  
of me.*

WHEN Christmas cards were first used a century ago, it was considered objectionably modern for families to spend Christmas Day away from home. The first card, produced in 1843, was the Victorian answer to the social visit.

Now deeply imbued with this tradition to greet relatives and friends at Christmas and wish them happiness in the coming year, we find it difficult to realize that this pleasant and convenient method was started not much more than 100 years ago.

Archeologists have discovered, though, that greetings were exchanged thousands of years ago. The Egyptians gave small symbolic presents in the form of little scent-flasks bearing inscriptions of good luck for the new year. And in



The First Christmas Card

ancient Rome it was customary to exchange greetings and presents on the first of January and to pay homage to the god, Janus, for whom the month was named.

With the advent of Christianity, pagan worship gave way to the celebration of the birth of Christ.

The Christmas spirit introduced a truly remarkable transformation.

Another prototype of the greeting card was the Japanese color print known as the Surinomo. This was probably exchanged as a New Year card. Suffice to say, the Surinomo was an approximation





of the more familiar European custom of the Christmas letter or special announcement. It exerted considerable influence on the design and marketing of the Christmas card.

Holly, ivy, and mistletoe are all part of the familiar seasonal decorations, which are not only admirable for their ornamentation but are happily nostalgic of such verse as this:

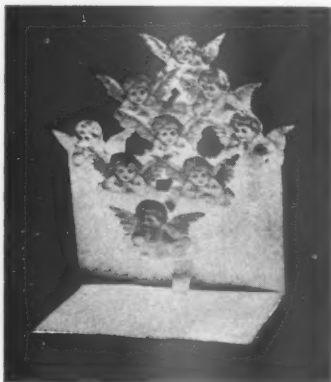
*"Fair mistletoe,  
Love's opportunity.  
What trees that grow  
Give such sweet impunity."*

With such early origins, why didn't the Christmas card appear in its present form until the middle of the last century? One reason was the lack of printing

facilities for color and black-and-white mass reproduction. The card we know today was developed in the mid-Victorian era, when novel ideas were applied to the basic design every year.

The Victorians had a child-like taste for the animated, mechanical or movable card. Perhaps this reflects on their desire for flight from the discipline of their daily lives. Such cards capitalized on the surprise element. They were animated by a string, small pulley, or a lever. Young and old delighted in them.

The large Victorian family and the tradition which brought together several generations for the holiday festivities lends special emphasis to children. The portrait of the Victorian child as it appears on Christmas cards was particu-



R.N.—a journal for nurses

larly popularized by the artist, Kate Greenaway. Her genius for innocent little faces was apparent, and the sheer grace of childhood was especially well characterized. Of all Christmas card designers, she was the one whose name was long known to the public and identified with her work.

It is no exaggeration to say that, especially to the young, the most welcome of all representations was Santa Claus, also known as Father Christmas, King Wenceslaus, and Saint Nicholas. Whatever his name, his jolly face beneath his fur cap and hood, his bushy white eyebrows, mustache and beard, his costume and general appearance—as shown on the next page—show that he has not undergone too drastic a change in the century he has been featured on greeting cards.

Victorian Christmas cards also placed great emphasis on senti-



ment. And to the great majority of people, the chief attraction of cards is still the thought expressed. Relative to this, sound advice was recently offered by a greeting card publisher to any would-be yuletide poets:

*"In fact, in writing greetings,  
just say the things you'd say  
In writing notes to those you  
like to greet on Christmas day.  
And don't be too poetical;  
be simple as can be.  
For those who buy the Christmas  
cards are just like you and me."*







## NEW DRUGS of '56

**T**HE year 1956 will not be remembered for the advent of any new "miracle" drugs. With the possible exception of the oral anti-diabetic drugs now being clinically tested, nothing with the revolutionary significance of penicillin and cortisone was introduced into drug therapy during 1956.

Yet a number of new drugs developed this past year appear to possess definite advantages over older agents. Important advances have been made especially against some of the chronic diseases that afflict the minds and bodies of older people.

The significance of such gains in geriatric medicine is highlighted by statistics indicating that about one out of every twelve Americans is 65 or older. While our population has doubled since the turn of the century, the number of people over 65 has increased four-fold; and it is likely that by 1975 one out of every eight Americans

will be in this older age-group.

Among the most important of the new drugs introduced to combat the muscle, bone, joint, and nervous ailments that make these later years miserable for many were hormones, lissives or skeletal muscle relaxants, tranquilizers, and stimulants. Key facts concerning these new drugs and others effective in tuberculosis and diabetes are summarized here.

### Tissue-Building Steroids

It has long been recognized that a falling off in sex steroid production by the gonads results in many mental and physical changes and in the deterioration of various organs and systems. Decline of gonadal function is often accompanied by nervousness, restlessness, irritability, and weight loss. Osteoporosis, a condition in which bone structure becomes markedly weakened, is common in both sexes after age 60, but occurs three times more frequently in women than in men.

While these physiological changes can often be corrected by adminis-



6  
by Morton J. Rodman



tration of male and female sex hormones, the use of these substances is sometimes limited by undesirable side effects. Administration of androgens can cause masculinization, acne-like eruptions and growth of hair on the face, and an increase in libido; estrogens may cause uterine bleeding.

Attempts have been made to minimize the sexual effects of these hormones while maintaining their muscle and bone building properties. One approach has involved administration of estrogen-androgen combinations in ratios that cause adverse sexual actions to cancel each other out, yet without reducing the hormones' ability to stimulate the formation of protein, the material that makes up most muscle tissue and the framework within which calcium is laid down to form bone.

Although good results have been reported from mixtures of male and female sex hormones, some doctors assert that all too often such mixed medication may give a woman both facial hair-growth

and uterine bleeding. To avoid this, chemists have tried to modify the molecules of the two hormones, so as to eliminate their sexual effects while retaining their tissue-building action. A number of such "anabolic" steroids have been prepared; but while they proved capable of promoting nitrogen, phosphorus, and potassium retention in the ratio required for building protein, most still showed undesirable sexual effects.

An apparent exception is norethandrolone, marketed this year as Nilevar. According to recent reports, this steroid is very potent in its ability to reverse negative nitrogen balance, a condition caused by the destruction of body tissue at a rate greater than it can be replaced; at the same time, androgenic activity is said to be minimal compared to that of testosterone and the synthetic steroids previously prepared and studied.

The usefulness of a steroid of such specificity and potency has

not been limited to treatment of the elderly. On the contrary, administration of norethandrolone has also been employed at the opposite pole of life. Premature infants, who would probably have died despite all available dietary support, survived and gained weight, due to the growth-promoting and appetite-stimulating actions of this drug.

Norethandrolone also appears to be indicated in patients recovering from surgery, severe febrile illness, burns, fractures, and other traumatic injuries. All of these conditions have in common a marked increase in the rate of tissue-breakdown. This "catabolic" response to stress and injury, together with the local loss of tissue and reduced food intake, often results in considerable weight loss. Giving such patients this steroid appears to bring the disturbed protein metabolism back to its normal balance. Patients with tuberculosis, cancer, and other wasting diseases in which the body cannibalizes its own tissues to meet its energy demands, should also benefit from this drug, though it has no effect on the underlying infectious or neoplastic processes.

#### Ataraxics and Anti-Depressants

The search for chemicals capable of relieving the symptoms of mental disorders resulted in the introduction this year of a number of drugs, claimed to have advantages over reserpine and chlorpromazine. One of these, promazine (Sparine) is reported especially effective in the management of acute agitation.

It has been employed to reduce central excitation in acute schizophrenia, the manic phase of manic-depressive psychoses, delirium tremens, and withdrawal symptoms accompanying the treatment of drug addiction.

Promazine also calms senile psychotic patients, committed to mental institutions because their families could not cope with their personality disturbances. The tranquilizing effect makes treatment at home possible, relieving the burden on overcrowded mental hospitals, which can then concentrate their efforts on younger patients who benefit best from psychotherapy. Promazine is said to be free of such serious side effects as jaundice, liver damage, agranulocytosis, and the severe falls in blood pressure and parkinsonism-like symptoms reported with older ataraxics.

Another new drug for the treatment of disorientation and depression in some senile patients is methylphenidyl acetate (Ritalin). Under the influence of this psychomotor stimulant, old people suffering from lethargy, lack of interest in life, and defects in memory and judgment have been reported to be restored to near normal activity and vigor. Many such patients are able to return to their families and participate once more in community life. This drug, too, is said to have advantages over amphetamine and other well-known cerebral stimulants, mainly in its comparative freedom from undesirable blood pressure changes.

Another type of preparation claimed to bring about marked improvement in the mental and social lives of the senile is a combination of vitamins with the sodium salt of the amino acid, glutamic acid. A number of recent reports, including one from Harvard Medical School psychiatrists working with patients at the Boston Psychopathic Hospital, indicate that the vitamin-amino acid combination may act as a "cerebral tonic" in improving the ability of the aging brain to utilize its diminished oxygen supply.

Many of the symptoms of senility are believed to stem from a thickening of the cerebral arterial

walls, resulting in a reduction of blood flow to the brain. While the usefulness of the presently available combinations of B-complex vitamins, glutamic acid, and vasodilators in enhancing cerebral blood flow and nutrition is quite controversial, the approach employed appears to be a step in the right direction—correction of the basic biochemical lesion rather than mere masking of symptoms.

Another development of the past year has been the increasing use of tranquilizing drugs as adjuncts in the treatment of a wide variety of somatic complaints. For example, hydroxyzine (Atarax) has been employed, not only to relieve anx-

## PROBIE



"WHAT HAVE WE TO BE MERRY ABOUT?"

xiety and emotional tension in neuroses and in senile agitation, but also against headaches and spasms of both smooth and skeletal muscles. Recently, hydroxyzine has been combined with the synthetic steroid, prednisolone, for a two-pronged attack on arthritis. Such combinations may also prove effective in the treatment of itching dermatoses and allergic disorders with an emotional component.

### Skeletal Muscle Relaxants

Gains were also made this year in the treatment of a number of neuromuscular conditions characterized by spasticity of skeletal muscle. A new "lissive" drug, zoxazolamine (Flexin) proved a valuable adjunct to treatment of cerebral palsy, multiple sclerosis, and other spastic states. Acting centrally to depress certain spinal and subcortical neurons, this drug eliminates skeletal muscle spasm without interfering with normal muscular activity.

The tranquilizer, meprobamate (Miltown, Equanil) introduced in 1955 for treatment of neuroses, was employed with increasing frequency this year against muscular spasms of varied origin; the combined muscle relaxing and emotional tension relieving actions of meprobamate appear to be especially effective in the rehabilitation of physically disabled patients whose recovery has been hampered by emotional maladjustment.

Muscular rigidity is markedly reduced in parkinsonism by ad-

ministration of a new agent, procyclidine (Kemadrin), claimed to be more effective and less likely to cause side effects than any drug previously employed.

### New Concept in Constipation

Chronic constipation is common in the elderly, and especially in the bedridden. While lack of exercise, improper diet, and insufficient fluid intake are its primary causes, constipation is often the result of excessive use of cathartics. Consequently, doctors at the University of Michigan Hospital attracted a great deal of attention when they reported excellent results in treating constipation with a non-cathartic compound, the synthetic wetting agent, dioctyl sodium sulfosuccinate.

This chemical, which has recently been widely marketed under a variety of trade names such as Molofac, Diovac, Colace, is not new; it has been used for about fifteen years in soapless shampoos and other products because of its ability to reduce surface tension and permit easy mixing of water with fatty material. This same simple physical effect gives the chemical its fecal softening property in constipation. By permitting fluid to penetrate hard fecal impactions, the detergent causes the contents of the bowel to absorb water and retain it. The bulkier stool thus formed stimulates normal peristalsis and brings about evacuation without irritation of the intestinal mucosa,

[Continued on page 69]

## SCIENCE SHORTS



Children under two years of age are not too young to undergo skin tests for allergy, according to *Journal of Diseases of Children*. Studies at Flower Fifth Avenue Hospital, New York, indicate that early treatment may forestall or shorten inroads of allergy later.

*The human cell divides to form forty-six chromosomes, not forty-eight as biologists have long believed. This was proven by Dr. Joe Hin Tjio at the International Congress of Human Genetics in Copenhagen, according to Medical News.*

Studies by Dr. W. M. Brown suggest that there is no absolutely safe dose of radiation because every exposure increases the risk of leukemia. Findings, reported in *Medical News* (Sept. 10), are based on data obtained from 1,346 persons given x-ray therapy.

Meprobamate (Miltown, Equanil) may still be the most helpful, least harmful drug for nervous tension, but it can cause addiction and then withdrawal symptoms in certain patients, warns Dr. Frederick Lemere in a release from AMA (Sept. 28).

*Poliomyelitis had 45 per cent fewer victims in the first eight months of 1956 compared with the same period of 1955, according to statistics issued by the Metropolitan Life Insurance Company on October 3.*

Pipazerine Citrate (Antepar) given in a massive dose once daily for seven days proved most effective for pinworm infestation. Roundworms were successfully purged by two massive doses in two days. Findings were reported in a recent release from AMA.

A busload of nurses, weaving its way through an out-lying section of New York City, comes to a stop in front of an old three-story frame dwelling at 912 Bronx Park South. Nearly opposite is a part of the nationally famous Bronx Zoo, a sightseers' paradise. Yet it's not toward the zoo that these nurses turn their steps as they file out of the bus; they have come, instead, to visit Bridge House (as the old structure is called) and to learn about its unique program for dealing with the problem of alcoholism.

Technically a rehabilitation center operated by the Bureau of Alcoholic Therapy, a branch of the city's Department of Welfare, Bridge House is often referred to as a "school"—and not without good reasons. Its program is concerned with teaching its "students," all alcoholics the use of will power in overcoming chronic addiction. Its instructors are all "alumni"—former alcoholics who understand the problem from personal experience and whose own self-rehabilitation is proof that the plan is sound. It successfully "graduates" some 65 per cent of its enrollees after a year of total abstinence.

Founder and director of Bridge House is Edward J. McGoldrick, Jr., whose efforts to cure his own addiction to alcohol led to the establishment of the program many years ago. A practicing attorney in New York City at the time, Mr. McGoldrick had been in and out of various sanitariums for nearly ten years without making any marked

## BRIDGE HOUSE

by Marion L. Briggs



progress in the way of finding a "cure." After consulting psychologists, psychiatrists, and other specialists, and after delving deeply into the literature on alcoholism, he began experimenting with a therapeutic plan of his own.

This plan was developed slowly, one step at a time, as Mr. McGoldrick struggled valiantly to overcome his habitual desire for drink. It was based on his conviction that



he could, through the exercise of will power, redirect his thinking and energies from negative to positive channels. Periods of progress were frequently offset by periods of back-sliding; he admits that he sometimes "went on a toot" several days a week. His persistency, however, finally won out; and in the process of curing himself, the lawyer evolved a method that has since helped thousands of others.

A basic feature of the McGoldrick approach is a so-called "mental diet"—a list of seventeen "thought capsules," intended to convince the alcoholic that he is the victim of a self-inflicted habit resulting from wrong thinking. In step-by-step fashion, the diet endeavors to show him how he can fill his life with constructive beliefs and activities to replace whatever inadequacy has been driving him to drink. At Bridge House, this

mental therapy supplements a program of personal conferences, class meetings, and occupational activities.

Bridge House itself is the outgrowth of the program's more humble beginnings in the early nineteen-forties. When the late Fiorello H. LaGuardia, then the city's mayor, offered Mr. McGoldrick the post of assistant corporation counsel, the lawyer asked instead for permission to establish a municipal bureau of alcoholic therapy. This, Mayor LaGuardia agreed to after hearing how Mr. McGoldrick had helped himself, and subsequently numerous others, with his sobriety program.

Starting in 1943 with a desk at the Municipal Lodging House in Manhattan, Mr. McGoldrick spent eighteen months encouraging alcoholics among the city's down-and-outers to try his total-abstin-

ence plan. He succeeded so well that the Mayor decided, in 1944, that the bureau should have more suitable and less temporary quarters. An old house in the Bronx, which the city was holding for non-payment of taxes, was available. Naming it Bridge House—presumably because the McGoldrick program bridged the gap between alcoholism and sobriety—Mr. LaGuardia turned it over to the new bureau.

The uptown location, incidentally, has disproved the popular notion that the Bowery and its "Skid Row" environs produce most of the city's alcoholics. A much larger group, and one more amenable to treatment, is represented among those who seek help at Bridge House.

Bridge House accepts only male applicants, selecting them by personal interview, and rejecting any who need medical or psychiatric help. Each is required—unless job or home obligations make it impossible—to reside at Bridge House for at least the first three weeks of the course. And since the principal criterion for admission is the man's sincerity, he must neither be intoxicated nor bring a drop of alcohol with him when he enters the house.

During this indoctrination period, the residents are not permitted to leave the premises except for short walks. Following a rigid daily schedule, which starts at 6:30 A.M., they are expected to care for their own rooms, assist with various chores about the house, and

attend morning, afternoon, and evening lectures. Between times, when not otherwise engaged, they must confer at least once a day with their instructors—from whom they receive personal encouragement and help in shaping new thought patterns. These once-a-day conferences are also a "must" for the remainder of a year after the residency period. Mr. McGoldrick is convinced that no less than a year is adequate to evaluate the sincerity and success of an alcoholic in conquering his habit.

Over a twelve-year period, Bridge House has helped more than 5,000 alcoholics. Yet its waiting list is always long; and since the house can accommodate only about sixteen residents, expansion of its facilities has been urged by the Bronx County Medical Society which officially has endorsed the project.

The tax-supported service—for which the alcoholic pays no fee—costs the city in the neighborhood of \$50,000 a year, or about \$140 for each individual it helps to rehabilitate. Not long ago, Bridge House urged the city to establish a similar program for women—pointing out that it constantly receives calls from women alcoholics seeking aid and advice.

The essentials of the program, together with Mr. McGoldrick's own story of his personal battle with alcoholism, are incorporated in his book, *Management of the Mind*, published by Houghton Mifflin Company, which is available to the general public.



## MENTAL DIET FOR ALCOHOLICS

---

1. I know I must abstain from alcohol, not merely for the sake of others, but first and foremost for my own self-esteem. The solution of the problem rests primarily with me.
2. I refuse to amuse others with my drinking escapades of the past. My abnormal drinking was pathetic, not funny. I know that fundamentally frustration was the cause of my abnormal drinking. I realize I was seeking to escape from the belief in my inability to express myself as I desired.
3. If I pray for help I don't expect God to throw a miracle. He cannot do for me what can only be done through me. Persistent effort must be made. God will provide the food—He won't cook the dinner.
4. An alcoholic is made, not born. Heredity, therefore, is not the cause of my drinking. Such an excuse is an age-old dodge to avoid the reality of seeing myself as I really am.
5. I know my drinking past has no power over me other than my present feeling about that past gives it. Therefore, I will avoid thinking about, or talking about my former drinking escapades.
6. Regret and despair over yesterday's drinking will only make today a torment, and since tomorrow grows out of today, it will bear the image of today. I will avoid such manner of thinking, as it is only living in a rut.
7. I know there is a danger in being too self-confident because of short-lived sobriety. A sense of exhilaration, as well as one of depression, is equally a good excuse for taking a drink.
8. I do not need alcohol. Others can do without it, so can I. Any person of average intelligence who is sincere, and honestly exerts an effort over a reasonable length of time, can lead a life without alcohol.

[Turn the page]

9. I know from my own personal experience that drinking never solved a problem for me. As a matter of fact, it only made matters worse.
10. I realize that I must be absolutely sincere in my effort to overcome the habit of drinking, otherwise no one can help me.
11. I know that I have put a lot of effort and time into becoming an alcoholic. I know that were I to exert a similar effort and concentrate on doing so, I could successfully achieve that which I want to do, to be, or to have.
12. I know that I cannot do everything I wish to do in twenty-four hours, but staying sober and working diligently, all things can be handled in due course.
13. I realize that staying sober is of paramount importance in my life, and that one drink of any form of alcohol, including wine or beer, is sufficient to start me on a spree.
14. I know that in abstaining from liquor I am not doing something big for society, but only doing that which I ought to do.
15. I realize that I must not neglect my physical health.
16. I know that my abnormal drinking has retarded maturity. I therefore realize that what I need is a change of thought, and that a change of thought is only a normal perception of values which were distorted during my drinking career.
17. I realize that it is necessary to abstain from alcohol, but my ultimate goal is to attain a peace of mind in an active, industrious and constructive life.

---

The efficacy of these suggestions lies in their sincere, conscious acceptance, not by merely memorizing or intellectually assenting to them. They are the result of long, practical experience successfully applied as guides to enable the alcoholic to know himself and thus attain permanent sobriety.

[Reprinted with the authorized consent and approval of the City of New York.]

## NEWS CAPSULES



**NEWS** New Jersey State Nurses Association, convening recently in Atlantic City, authorized its board of directors to appoint a committee to study the state's medical and nurse practice acts with a view to providing legal safeguards and proper preparation for R.N.'s who (1) "are expected increasingly to perform so-called nursing specialties to meet the needs of the medical profession," and (2) "will be expected to perform duties beyond [their] basic preparation" in New Jersey's civil defense and disaster control programs.

**NEWS** Effective January 1, 1957, nurse officers in the armed forces, together with all other military personnel, are to be covered by Social Security on the same basis as civilian workers. Circular 608-18, issued recently by the Army, provides a comprehensive outline of the new program, authorized by congressional enactment

last summer of Public Law 881 (Servicemen's and Veterans' Benefits Act).

**NEWS** "Practical Management of Poliomyelitis and Principles of Rehabilitation" is the subject of the fourth postgraduate course to be offered jointly by Baylor University College of Medicine, Southwestern Poliomyelitis Respiratory Center, and Jefferson Davis Hospital, in cooperation with the National Foundation for Infantile Paralysis. The course is to be given at Texas Medical Center, Houston, February 25-March 1; tuition, \$25. For further details, address Dr. William A. Spencer, 1300 Kenwood Lane, Houston, Tex.

**NEWS** Election results from recent conventions of various state nurses associations: *Sister Agnes Miriam* elected president of Kentucky SARN; *Mrs. Alice W. Schindel* re-elected president of Maine

SNA; *Mrs. Edward J. Conner* chosen president-elect (a new office) of Oregon SNA; *Miss Daphne Rolfe* elected president of Minnesota SNA; *Miss Catherine Sterling* elected president of Tennessee SNA.

**NEWS** The National Foundation for Infantile Paralysis has named Dr. Thomas M. Rivers to the post of medical director. He succeeds Dr. Hart E. Van Riper, who resigned recently to become medical director of Geigy Pharmaceuticals, Ardsley, N.Y. Dr. Rivers, former vice-president of the Rockefeller Institute for Medical Research, has been closely identified with the development of the Salk vaccine.

**NEWS** Federal legislation enacted recently allows a jury to recommend death as a penalty for the illegal sale or gift of heroin to persons under age 18. Minimum penalty for the offense becomes ten years' imprisonment and a \$10,000 fine. Other fines up to \$20,000, and sentences up to forty years, are provided for in a general overhaul of the narcotics law.

**NEWS** A Baltimore man who conducted a home-study correspondence course in practical nursing has been found guilty of using the mails to defraud. The course offered by Donald J. Herzog provided no clinical training and, according to the federal judge who heard the case, appeared to be conducted by a "technical training

society" whose staff—it was fraudulently claimed—included a registered nurse. Defense attorneys said the course was not intended to prepare anyone for officially sponsored examinations in practical nursing. But Judge R. D. Watkins cited advertisements and promises to students as examples of misrepresentations by Herzog.

**NEWS** Effective January 1, 1957 are many changes in GI insurance and indemnity programs. Authorized by recent enactment of Public Law 881, the changes include a provision enabling World War II and post-Korea veterans to reinstate any GI five-year term insurance lost since July 23, 1953, through failure to pay either or both of the last two monthly premiums. Inquiries concerning the revised law's provisions should be addressed to the Veterans Administration, Washington 25, D.C.

**NEWS** A newspaper report, stating in effect that student nurses at the University of Utah College of Nursing would, starting in 1959, be paid by Salt Lake County General Hospital for work "beyond that necessary for their clinical experience," has been clarified by Mrs. Mildred D. Rordame, dean of the college. The university, she explains, has an agreement with the hospital whereby clinical instruction, carried out by faculty members of the university, is given at the hospital to UUCN's student

[Continued on page 72]



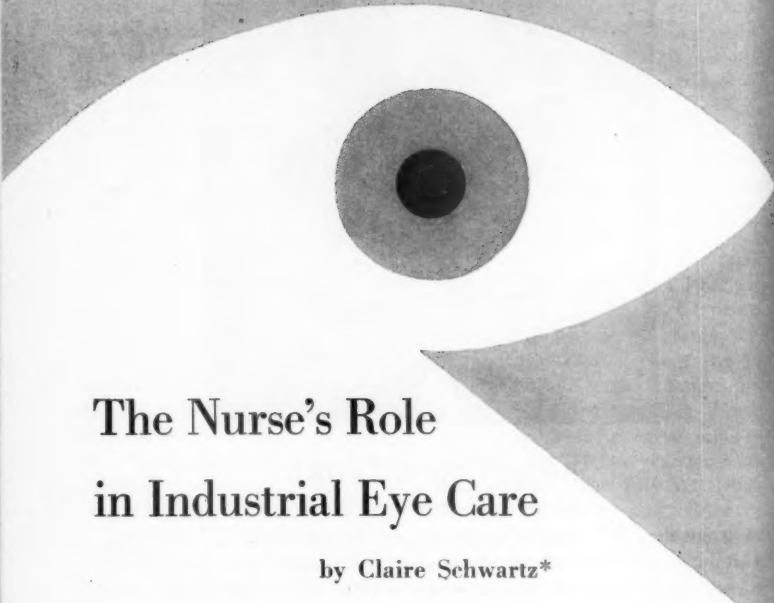
## From Cap to Crown

■ MORE than 800 uniformed nurses from Los Angeles' hospitals took part in a coast-to-coast television program recently that paid tribute to nursing. Enthroned as "Queen for a Day" on the NBC show was Mrs. Erma Baker, a young student nurse at Los Angeles' College of Medical Evangelists.

Like all of the program's candidates, Mrs. Baker became eligible for "Queen" honors on the basis of a wish she had written on the back of her admission ticket. She wished for a baby sitter that would take care of her three boys while she completed her next year of nursing studies. The audience, by applause, picked her over four others on the show.

Mrs. Baker's wish was granted. Then, Master of Ceremonies Jack Bailey heaped additional gifts on the young mother: a glamorous whirl of Hollywood, an entire wardrobe, color TV set, washing machine, and a year's supply of specially designed uniforms.

Biggest prize of all was a trip to Europe for herself and her husband, Calvin, who is a medical student. Mrs. Baker will visit London, with greetings from American nurses to their English counterparts in the form of a scroll to be presented to the Rt. Hon. Lain MacCleod, British minister of Health. She'll also visit Belgium, Holland, France, and Heidelberg, Germany, where her sister is completing her senior year as a nursing student.



# The Nurse's Role in Industrial Eye Care

by Claire Schwartz\*

**I**NDUSTRIAL nursing isn't always as dramatic and challenging as some imagine it to be. Only on occasion does it mean patching up a worker who has incurred the wrath of a twenty-ton machine. As anyone in this field knows, much of the industrial nurse's time is spent in dispensing hangover remedies, removing splinters, instilling eye drops, applying antiseptics and Band-aids, and keeping records.

Yet every plant has its share of serious injuries; and among these, none requires more immediate and skillful nursing than an injury to the eye. Some 75,000 such injuries are reported annually, according

to the National Safety Council, and countless others occur which workers never report. In an article published in the *American Association of Industrial Nurses Journal* (August 1956), Dr. Marshall B. Atkinson places the national outlay for industrial eye injuries at approximately \$225,000,000 a year.

Because the eye is one of the least expendable organs, all nurses—especially those in industry—should know the basic rules of eye care and keep abreast of the latest therapeutic techniques.

\*The author is a consultant in occupational health nursing for Employers Mutuals of Wausau.

How would you feel if your failure to take prompt and appropriate action resulted in the impairment—or loss—of a worker's sight?

In smaller plants—those without a full-time physician—the nurse should request and follow a written list of “guiding principles,” particularly in caring for eye injuries. Such a list serves two purposes: it outlines the proper procedures for the treatment of industrial injuries; it guides the nurse in keeping within the ethical bounds that separate nursing and the practice of medicine.

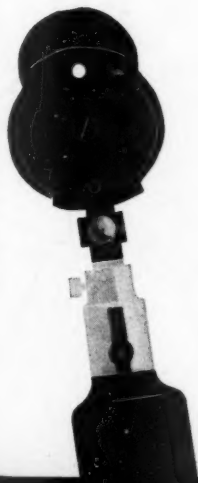
A well-organized plant dispensary generally has a small room or an isolated corner reserved for emergency eye care. Its equipment includes an adjustable lamp on a standard, a metal chair with head rest, a table or tray with special supplies and prescribed medica-

tions, a binocular loupe or some other type of magnifying lens, and whatever vision-testing apparatus is deemed necessary by the physician in charge.

Supplies and medications usually suggested for a dispensary eye kit include: (1) an irrigating bulb in a gravity bottle containing a saline solution; (2) sterile eye droppers and medicine glasses; (3) cotton-tipped applicators; (4) sterile eye pads; (5) Elastoplast roller bandages; (6) adhesive tape; (7) boric compresses; (8) a 10 per cent sodium sulymid ointment; (9) a 30 per cent sodium sulymid solution; (10) a local anesthetic (such as holocaine, pontocaine, or butyn); (11) tablets for the relief of pain; and (12) a variety of such commercially available eye drops as can safely be administered to patients who ask for them. Such drops may have both a therapeutic and psychological value for persons accustomed to using them regularly. In administering them after eye injuries, however, it is important that the dropper be sterile.

For other itemized eye-kit lists, the reader is referred to Dr. Atkinson's previously mentioned article, as well as to the list published by Dr. Hedwig S. Kuhn, an eminent industrial ophthalmologist, in both the *National Safety News* and her book on eye care.

Good dispensary practice requires the nurse to keep all materials for eye care in covered jars,





ZEKE & DESSIE

separate from other emergency supplies. It also requires her to observe the following "ground-rules" in caring for eye patients:

¶ Wash hands before examining the injury—i.e., after assembling materials and adjusting lights. Wash them again after treating the injury.

¶ Tell the patient to assume a comfortable position and explain what you're going to do.

¶ Use sterile supplies for each eye treated.

¶ Never use an eye cup.





506 ¶ Never exert pressure on an eyeball.

¶ Never put argyrol, boric acid, ointment, or oil into an injured eye without a specific order.

¶ Use local anesthetics with moderation; repeated use may delay healing.

¶ Never use an instrument in administering eye care—and never use *anything* pointed or sharp in removing a foreign substance.

¶ Remember that it isn't merely the "hazardous" kind of job that can cause an accident; eye injuries may occur on safe jobs, too.

The more common industrial eye injuries include ecchymosis, lacerations of the lids and adjacent facial areas, corneal foreign bodies and abrasions, and burns caused

by chemicals, welding arcs, fire, or explosions.

In administering eye care, the nurse's first step—after relieving initial pain and orbicular spasm with a local liquid anesthetic—is to determine the probable extent of the injury. Its seriousness can be judged by loss of vision, bleeding, presence of a large wound, or a "soft" eye. Visual acuity can be gauged by use of the Snellen Test-Letter Chart—or, in serious cases, by the patient's ability to count fingers at a distance of two feet or to detect light.

Next essential is to get a quick history of the accident, including the kind of work the patient was doing, what tool, machine, or

[Continued on page 70]



# Barco

## Professional Casuals



Student Nurse, Irma Baker, elected "Queen for a Day," selected this back zipper sheath number as the highlight of her Barco wardrobe.

Available at better stores everywhere;  
three-quarter or short sleeves,  
sizes 8 to 18. In Dacron Taffeta . . . \$16.95  
or in Combed, Sanforized Poplin . . . \$9.95.

AS SEEN ON:

### Queen for a Day

## DRUGS OF '56

[Continued from page 54]

and without recourse to any of the other usual means of stimulating the intestine artificially. Obviously, the chemical should find wide use in regimens for reestablishing normal bowel habits.

### New Antibiotic Against TB

Cycloserine (Seromycin) is an antibiotic which appears to be strikingly effective against strains of tuberculosis organisms resistant to the chemotherapeutic drugs and antibiotics in common use. Used alone or in combination with isoniazid, it offers hope for patients with pulmonary tuberculosis whose condition appears to be deteriorating in spite of treatment with the agent currently available.

However, cycloserine is not a harmless drug. With the doses required to bring about adequately high blood levels, the drug has caused mental disturbances and convulsive seizures in about 8 per cent of the patients who have received it. While lower doses may be adequate for most patients, disturbing side effects may still occur, especially when poor renal function results in reduced excretion of cycloserine. The antibiotic is also contraindicated in patients with histories of epilepsy, psychosis, or personality disturbances.

Years of clinical trial may be required before the place of cycloserine in tuberculosis therapy is fully established. At present, the

antibiotic is recommended only for patients refractory to previous treatment. In new, previously untreated cases, the established drugs—streptomycin, isoniazid, and p-amino-salicylic acid—are preferred.

### Oral Anti-Diabetic Agents

The new oral hypoglycemic agents, the sulfonylureas, tolbutamide (Orinase) and carbutamide (BZ-55),\* are still undergoing careful clinical trial to establish their proper place in diabetes therapy. Their greatest potential field of usefulness appears to be among middle-aged and older diabetics, and in a minority of mild and severe cases; here, the drugs may, on the one hand, eliminate the need for insulin, and on the other, reduce the insulin requirements. While the two sulfonylureas appear to be free from major side effects, their potential hazards have not yet been fully evaluated. Consequently, doctors are proceeding cautiously in the use of these agents, especially since they are not likely to do away with the need of most patients for insulin injections.

It has been apparent, even from this brief review, that considerable progress has been made during the past twelve months. No one drug developed this year was so startling new that it changed entirely the concepts of treatment in any major clinical condition; yet the doctor's armamentarium has been enriched in important areas.

\*Because of toxic reactions, the testing of carbutamide was stopped on October 26.

## THE NURSE'S ROLE

[Continued from page 67]

chemical was involved, and what kind of small particle (wood, steel, abrasive, etc.) caused the injury.

In removing a foreign body, irrigation (if at all possible) is advised; otherwise, the nurse should use a cotton-tipped applicator. Following removal of the object, if ordered, she should put a small amount of sodium sulymid ointment in the eye, close it with a patch for at least half an hour, and order the patient back in twenty-four hours.

If there is any chance that the foreign body has penetrated the eyeball, a patch should be applied immediately and the patient hus-

tled off to an ophthalmologist. A somewhat similar procedure applies if the object be protruding from the eyeball: The nurse should never attempt to pull it out; instead, she should have the patient lie flat (and quiet), support the lids to prevent pressure on the foreign body, and call the ophthalmologist for orders. Usually such patients are ordered to the hospital via ambulance, accompanied by the R.N.

The procedure for handling a "flash" injury—one caused by a cumulative reaction to the ultraviolet radiation emanating from a welding arc—is: Anesthetize the eye carefully at one corner; check to be sure no foreign body is present; apply ice compresses; warn

## New Way to Reduce Hemorrhoids

*Advertisement*

### *Indicated for Non-surgical Therapy*

**W**HEN surgery is contraindicated, or when it is opposed by the patient, relief may now be obtained with the aid of a new healing substance.

A healing, soothing medicament, especially prepared for treatment of certain conditions of the anorectum, Preparation H\* contains no astringents or topical anesthetics. Instead, the unique palliative, healing action is obtained with the aid of exclusive substances which promote tissue repair through a process of skin respiration, cell proliferation and bacteriostasis. Exceptional results have been noted in clinical studies where patients

who have suffered from hemorrhoids for many years obtained marked pain relief in a matter of two to three days. Also, patients with cryptitis, fissures of the perianal skin and proctitis were greatly relieved.

A continuation of these studies indicated reduction and retraction of hemorrhoids, cessation of bleeding episodes, and relief from pruritus in from 48 hours to two weeks.

Preparation H is now available in suppository or ointment form at all drug stores—money back guarantee. Whitehall Pharmacal Co., 22 E. 40th Street, New York, N.Y.

\*Reg. U.S. Pat. Off.

R.N.—a journal for nurses

the patient not to rub the eye; provide him with dark glasses: If he is not relieved in six hours, he should be sent to the ophthalmologist.

All eye injuries caused by chemicals are serious. Here, the first rule is to irrigate—within fifteen seconds if possible. This means that workers who handle chemicals should be trained to go into action immediately with water, if eye irrigating units are not available in the area; if no faucet is handy, they should douse their heads repeatedly in the nearest emergency water-bucket (plants using chemicals generally place such buckets at strategic points), then go at once to the dispensary. There, with the nurse taking over, the eye is

thoroughly irrigated, anesthetized, further irrigated with a normal saline solution for about fifteen minutes, and examined for possible imbedded chemical particles. An eye patch is then applied and the patient is referred to the ophthalmologist.

Immediate medical attention is also a must for any case of "red eye," whether with or without pain. This symptom may indicate conjunctivitis, iritis, glaucoma, hemorrhage, trauma, or some other serious (and possibly contagious) condition.

In conclusion, let me add that it's well to remember this: Skin may grow back, bones may mend; but eyes, once lost, cannot be replaced.

No other type liquid antiseptic-  
germicide for the douche of all  
those tested is so powerfully  
effective yet so safe to body tissues as

# Zonite

for feminine hygiene  
so safe...yet so effective

The ZONITE principle was developed by a famous surgeon and scientist. ZONITE completely deodorizes, promptly washes away germs and odor-causing waste substances. Use as directed, as often as you need, without the slightest risk of injury. Costs only pennies per douche.



Chemway Corporation, 500 Jersey Ave.,  
Dept. RN 126, New Brunswick, N.J.  
Please send me without charge professional  
samples, literature on ZONITE\*.

Name.....

Address.....

City.....State.....

\*Offer good only in U.S. and Canada.

## NEWS

[Continued from page 62]

nurses. All students pay full tuition and board and room. Any work that a student does is an agreement between the student and the hospital. If freshman and sophomore students are employed by the hospital on their days off, it is usually as nurses' aides or in work not related to nursing.

**NEWS** Six Japanese military nurses have received certificates of on-the-job training at the U.S. Army Hospital, Zama, Japan, where hospital procedures as practiced in this country are being taught under the direction of Capt. Virginia Brown, ANC.

**NEWS** To enable its members to be better informed when voting for their association candidates, California State Nurses Association has asked those seeking office in 1957 to fill out a questionnaire giving their views on CSNA programs. These views, together with the usual biographical data on each candidate, are being made available to CSNA members with the mailing of the 1957 ballot.

**NEWS** Twenty-one nurses have received research fellowships, and investigators at twelve universities, three hospitals, and three private organizations (including American Nurses Foundation, Inc.) have been awarded nursing research grants from funds appro-

priated by Congress to the National Institutes of Health. The awards were announced by the U.S. Public Health Service, which administers the awards on the advice of the National Advisory Health Council. The fellowships are available to nurses interested in learning research methodology; the grants are awarded for projects concerned with "the direct improvement of patient care, improvement of nursing service administration, and important factors related to the education of nurses and better human relations in the patient environment."

**NEWS** International adoption of a proposed new emblem for protective identification of civilian medical workers, hospitals, and ambulances in wartime is being advocated by World Medical Association in cooperation with World Health Organization, International Committee of the Red Cross, and International Committee of Military Medicine and Pharmacy. Proposed design: Staff of Aesculapius in red on a white background.

**NEWS** "Prima facie evidence" that the antitrust laws have been violated in the sale of polio vaccine to the federal government has allegedly been obtained by House investigators, according to a recent statement by Congressman Chet Holifield (D., Calif.), who accused five nationally known drug firms of "collusive practices and price fixing." [Turn the page]

ation-  
wards  
Public  
isters  
e Na-  
uncil.  
le to  
g re-  
ts are  
erned  
nt of  
nurs-  
nd im-  
edu-  
uman  
viron-

a of a  
n for  
vilian  
and  
being  
Asso-  
World  
tional  
s, and  
Milita-  
Pro-  
lapius  
nd.

e" that  
e been  
o vac-  
nt has  
House  
a re-  
ssman  
, who  
n drug  
s and  
page]

nurses



Samples on request

**DESITIN CHEMICAL COMPANY**  
812 Branch Ave., Providence 4, R. I.

for over a quarter  
of a century

## **DESITIN OINTMENT\***

has prevented and  
**cleared up**  
**diaper rash**

excoriation, chafing  
and irritation in

# **more babies**

than any other  
ethical product

*\*rich in  
cod liver oil*

**New, improved, larger**  
**drugs**  
**IN CURRENT USE** **1957**

**Edited by Walter Modell, M.D.**  
 Cornell University Medical College  
**Still only \$2.** Of enormous help to any nurse who administers drugs.

**The nurse's ABC of 1100 current drugs, under proprietary and official names, with all this:**

Pharmacologic characteristics, major uses, therapeutic actions, dangerous reactions, contraindications, warnings, administration, available preparations, safe dose, antidotes.

**REVISED 1957 edition:** 250 entries added, brand new drugs, more trade names. The easy way of knowing about drugs, their effects and dangers. Time saving, inexpensive, 160 pages. Ready Jan. 2, 1957.

**Order your copy today. Send \$2 (Postfree)**

**SPRINGER PUBLISHING CO., Dept. R14-7**  
**44 East 23rd Street, New York 10, N.Y.**

*The Best Way*

**TO FIND A POSITION**

To the R.N. confronted with the problem of finding a position, Burneice Larson, founder of the counseling service for the physician, offers the services of The Medical Bureau.

All negotiations strictly confidential.

Opportunities in all parts of America, including countries outside continental United States—with physicians in private practice, clinics, universities, public health agencies, industry, and hospitals.

Please write today for our Analysis Sheet, so we may prepare an individual survey of opportunities in your particular field.

*Burneice Larson*

**Director**

**THE MEDICAL BUREAU**  
**Palmolive Bldg. CHICAGO**

*for 32 years, serving the profession with outstanding personnel and opportunities.*



**NEWS** A \$2-a-day fee increase—from \$14 to \$16—was authorized recently for private duty nurses in District 3, Ohio State Nurses Association.

**NEWS** Two hospitals operated by a Roman Catholic order of male nurses marked anniversaries recently. In Chicago, the Alexian Brothers Hospital celebrated its ninetieth birthday, while the order's hospital at Boys Town, Neb., was observing its first. The Congregation of Alexian Brothers was founded in the fourteenth century.

**NEWS** A student nurse, who was dismissed from her nursing school a month before she would have completed her three-year course because she allegedly slapped a 22-month-old patient, was reinstated by order of a superior court in Baltimore recently. After a three-day trial, the jury took only a few minutes to find that the school had violated its own rules in dismissing 22-year-old Mrs. Lucille Ann Wilhide. The defense contended that the student nurse was expelled illegally because school requirements at Baltimore's Union Memorial Hospital provide that final dismissal action must be approved by the nursing school committee before it is final. This committee, testimony revealed, considered expulsion too severe and recommended leniency. Mrs. Wilhide admitted that she had "tapped" the child on the cheek to make it take liquid nourishment



and that her action was improper. The jury was asked to decide on the legality of the school's dismissal procedure, not on the student's conduct.

**NEWS** A four-day sectional meeting of the American College of Surgeons, scheduled for February 4-7 at the Jung and Roosevelt Hotels, New Orleans, includes a special program for nurses, marking the third time in three years that ACS has cordially invited all nurses to attend its sessions. Details and advance registration forms are available from the Department of Organization and Assembly, American College of Surgeons, 40 East Erie Street, Chicago 11, Ill.

**NEWS** Fourth National Conference of Association of Operating Room Nurses will be held at the Hotel Statler in Los Angeles, California, February 18-21. Program subjects are: "the problem surgeon;" eye banks and corneal transplants; absenteeism and apathy; surgery of the newborn; electronic radiation. A problem clinic and a hospital day are two other highlights of the meeting.

**NEWS** Oregon State Nurses Association at its recent annual convention approved the revisions which it plans to ask the 1957 state legislature to make in the existing nurse practice act, a law that has had but minor changes since 1911. As revised, the act would, among other things: (1) legalize the ad-



There's nothing quite like CORYBAN to relieve cold symptoms quickly, effectively.

each CORYBAN capsule contains:  
Purified Hesperidin . . . . 20 mg.  
Ascorbic Acid . . . . . 20 mg.  
Salicylamide . . . . . 230 mg.  
Acetophenetidin . . . . . 120 mg.  
Caffeine . . . . . 30 mg.  
Prophepyridamine Maleate 10 mg.

Bottles of 12 capsules



CHICAGO 11, ILLINOIS

PEACE of mind ATARAX®

•Trademark



"Maybe these  
will help!"

**RECEPTION ROOM LITERATURE** — As, in most busy offices, your patients will sometimes be obliged to wait a few moments, it is only polite to afford them with interesting and up-to-date reading material. Two weeks is sufficient time to keep a weekly magazine; four weeks for a monthly. Care should be given to the selection of magazines that suit your patient's tastes. Also, since your patients are visiting you in regard to their health, they might appreciate educational literature on this subject. There are many sources of free literature on general health and the Medical profession.

**IT'S A NICE TOUCH** to place a name plate on the secretary's desk so that callers can remember her name easily. They will be more likely to tell her the nature of their visit if they can identify her.

**SOOTHING, CLEANING LAVORIS** adds to patient comfort in the sick room or hospital room. Its unique, corrective action leaves delicate mouth and throat tissues clean and invigorated. Yes, Lavoris is much more than just a mouthwash . . . that's why it is used and recommended by so many doctors who believe that a clean, fresh mouth is always important.



The  
Sparkling  
Red Mouthwash  
That Tastes Good  
...Does Good!

**THE LAVORIS COMPANY**  
Minneapolis 1, Minn.

ministration of intravenous injections by R.N.'s working under medical direction; (2) strengthen provisions pertaining to licensure and school accreditation; and (3) otherwise define professional nursing and spell out the R.N.'s responsibilities. Should the proposals become law, OSNA would be given considerable police power in enforcing the revised act.

**NEWS** *Marion Sheahan*, associate general director of the National League for Nursing, has been appointed a member of the Veterans Administration advisory group . . . *Catherine M. Sullivan*, USPHS nurse officer, has been named assistant chief nurse at national headquarters of the Civil Defense Administration in Battle Creek, Mich. . . . *Sister M. Ronald, OSF*, is the new director of nursing at St. Francis Hospital, Evanston, Ill. . . . *Harvey Wheeler*, 42, a Houston (Texas) polio patient, is reportedly the first male nurse to have been placed in an iron lung . . . *Mrs. Joyce N. Benoit* has been named nurse-in-charge at the *New York Times* medical department, replacing *Polly Acton* who retired last year . . . Nationalist China's first woman to become a major general, *Chou Mei-yu*, director of nurse training at Taipei's military medical college, is a graduate of Massachusetts Institute of Technology . . . *Mrs. Julia K. Hrdina* is the new director of the Massillon (Ohio) City Hospital School of Nursing.

for  
preventing and  
treating upper  
respiratory  
infections



*new!*

# Achrocidin<sup>\*</sup>

TETRACYCLINE-ANTIHISTAMINE-ANALGESIC COMPOUND

ACHROCIDIN provides in one tablet all the drugs which are often prescribed separately for the prevention and treatment of cold complications—conditions such as otitis, adenitis, sinusitis, and others.

This comprehensive formula 1) provides potent therapeutic and prophylactic action against a wide variety of infective organisms, 2) relieves pain and discomfort, 3) depresses fever, 4) alleviates nasal congestion.

Available on prescription only

Each tablet contains:

ACHROMYCIN®

Tetracycline . . . . .	125 mg.
Phenacetin . . . . .	120 mg.
Caffeine . . . . .	30 mg.
Salicylamide . . . . .	150 mg.
Chlorothen Citrate . . . . .	25 mg.

Bottle of 24 tablets.

Average adult dose: 2 tablets, 4 times daily



LEDERLE LABORATORIES DIVISION, AMERICAN CYANAMID COMPANY, PEARL RIVER, NEW YORK

# New Weapon Against Staphylococci

**New soap germicide proved more effective than hexachlorophene against staphylococci, other skin pathogens.**

● Today's Lifebuoy soap contains an important new advance in soap germicides. This soap germicide, even more effective than widely-publicized hexachlorophene, is tetra-methyl-thiuram-disulfide—usually abbreviated to TMTD.

Independent laboratory tests have shown that 1% TMTD-Lifebuoy is considerably more effective than 2% hexachlorophene soap in reducing resident skin bacteria, comprised principally of staphylococci. Further testing proves TMTD-Lifebuoy extremely effective against a wide range of other skin pathogens, relatively unaffected by hexachlorophene. **For a full report without cost** on the medical significance of TMTD-Lifebuoy, simply mail in the coupon below.



**Staphylococci.** A comparison of 3 germicidal soaps and a control soap in inhibiting growth of *Micrococcus pyogenes* var. *aureus* on a nutrient agar plate. 1. 1% TMTD-Lifebuoy—large marked zone of inhibition. 2. 2% hexachlorophene soap—little inhibitory effect. 3. 2% Bithionol soap—little inhibitory effect. 4. Control soap—no inhibitory effect.

**LEVER BROTHERS COMPANY  
DEPT. 511, 390 PARK AVE.  
NEW YORK 22, N. Y.**

**Please send me without cost your report to the medical profession on TMTD-Lifebuoy.**

NAME \_\_\_\_\_

(Please write plainly or use printed label)

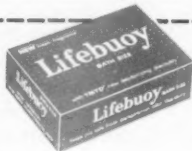
STREET \_\_\_\_\_

CITY \_\_\_\_\_

ZONE \_\_\_\_\_

STATE \_\_\_\_\_

(Offer limited to U. S. and possessions)



# POSITIONS AVAILABLE



**ADMINISTRATORS:** (a) Bldg. in process, equip. staff, operate, 30 beds, \$6-8000. SC. (b) Asst. 2 hsp total 550 beds, gen. geriatrics, exc. opport. \$5-7200. MW. RN 12-1 Burneice Larson, Medical Bureau, 900 N. Michigan Ave., Chicago, Ill.

**ANESTHETISTS:** (a) Two, staff of five under M.D., btl prog. city, Fla. Social, cultural advantages. \$6000. (b) Two, 200 bed hosp. noted summer, winter ski resort area, Mass. \$5500. (c) Male or female, 150 bed hosp. wealthy agric. area near capitol city, MW. \$6600. (d) Chief, well estab. hosp. clinic. \$6000, mtce, annual bonus, S. (e) OB, 5 days, 125 bed hosp. E. seashore resort near NYC. \$5000, mtce. (f) Chief, new 60 bed hosp. mild year round climate, Blue Ridge Mts. \$6000. RN 12-2 Burneice Larson, Medical Bureau, 900 N. Michigan Ave., Chicago, Ill.

**ATTRACTIVE OPPORTUNITY NURSES:** Get away from fog, smog and industrial areas! 165 bed Memorial Hospital located in Cheyenne, capital city of Wonderful Wyoming. 340 days sunshine, fresh air in delightful year around recreation area. City of 35,000 Home of Frontier Days. Warren Air Base with 10,000 adjacent to city. Metropolitan Denver 775,000 population 2 hr. drive from Cheyenne. Best working conditions, 40 hr. wk., 2 and 3 wks. vacation with pay, liberal personnel policies. New Nurses' Residence available-board & room \$43 per month. Good housing facilities available within 10 minutes of Hospital. Liberal hospitalization plan for all employees. Starting salaries \$250 day, \$275 evening \$280 surgical. Apply Director of Nurses, Memorial Hospital Cheyenne, Wyo.

**CLINICAL INSTRUCTOR:** Formal and clinical teaching of pediatric nursing. 56 bed pediatric unit including premature nursery. 500 bed general hospital. School of nursing with enrollment of 100. N.L.N. fully accredited. B.S. Degree and/or advanced preparation desirable. Salary based on preparation and experience. Liberal personnel policies. Write to Director of Nursing, Newark Beth Israel Hospital, 201 Lyons Ave., Newark 12, N.J.

**CLINICAL INSTRUCTOR IN MEDICAL & SURGICAL NURSING:** Degree preferred. Position available at university affiliated

N.L.N. fully accredited school of nursing. Liberal personnel policies include tuition aid for advanced study. Apply Director of Nursing Education, Mount Sinai Hospital, 1800 E. 105th St., Cleveland 6, Ohio.

**CLINICAL INSTRUCTORS:** Medical-Surgical Nursing and Operating Room. 195 bed hospital with building program. NLN temporary accredited school. B.S. Degree in Nursing or Nursing Education and nursing experience desired. Liberal personnel policies. Excellent opportunities for advanced education. Contact: Director of Nurses, Silver Cross Hospital, Joliet, Ill.

**CLINICAL INSTRUCTORS, MEDICAL & SURGICAL, INSTRUCTORS NURSING ARTS:** For expanding hospital program. NLN fully accredited school of nursing with student body of 190. Salary commensurate with education preparation and experience. Position now open. For information write to Director of Nursing, The Toledo Hospital, Toledo 6, Ohio.

**DEDICATED NURSES:** Three, eligible for Colorado registration in Jr. college town of 12,000. New 56 bed hospital. 40 hr work wk. \$285 plus \$10 for shift differential. 2 hrs from Denver and Mtn. resort areas. Feel wanted and appreciated with us. Write Director Nursing Service, Logan County Hospital, Sterling, Colo.

**DIRECTOR OF NURSING:** Excellent opportunity to demonstrate your ability and use initiative directing activities of large nursing service in modern tuberculosis hospital. Preference given applicants with degree and responsible supervisory experience. Liberal holiday, vacation and illness allowances. Salary \$5100 to \$6000, depending upon qualifications. Please send detailed resume of training and experience to Personnel Director Board for Texas State Hospitals and Special Schools, Box 8, Capitol Station, Austin, Tex.

**DIRECTOR OF NURSING EDUCATION:** Ambitious nurse with degree to be responsible for two-year college training program in large tuberculosis hospital. This may be the opportunity you seek and merit. Liberal holiday, vacation and illness allowances. New air-conditioned building. Salary \$4500. Please send detailed resume of training and ex-

a of 3  
soap in  
coccus  
atrient  
ebuoy  
bition.  
-little  
hionol  
. Con-

perience to Personnel Director, Board for Texas State Hospitals and Special Schools, Box S, Capitol Station, Austin, Tex.

**DIRECTORS OF NURSING:** (a) Dir. Nursing Service, new univ hosp, 300 beds, ability organize, adm. develop procedures, coordinate programs, June 1957, W. \$6-8000. (b) Dir. School, Service, 250 bed gen hosp, exceptional nursing, medical staffs, univ. city, E. \$6-8000. (c) Dir. School, Service, 200 bed hosp, hith center of MW state, progressive administration, \$7000. (d) Dir. Nursing, leading children's hosp, outstanding opport. for responsible individual with initiative, strong adm. support, \$10,000. (e) Dir. Nursing, lge gen hosp, Florida seashore resort, well integrated nursing staff, newest methods, procedures in practice, \$6000. (f) Asst. Dir. Service, 160 bed American owned oil co. hosp, ocean city, 15,000, South America, \$7200, air transportation. RN 12-3 Burneice Larson, Medical Bureau, 900 N Michigan Ave., Chicago, Ill.

**FACULTY POSTS:** (a) Asst. Professors, in-service, med, surg. OB, Ped, head depts new univ school, btlf city, S. \$5500, 9 mos. (b) Science Instructor, OB, Communicable disease, 300 bed air-conditioned hosp, Amer. Co. foreign operations, swimming pool, golf course, paid air travel. \$8500-39200. (c) Ed. Dir., plan, direct, org., coordinate school, well estab hosp, S.F. Bay area, \$5500 up, also OB, \$5000. (d) Med-Surg, OB, N.A., OR, 200 bed hosp, reorg. program, good oppor for persons with initiative, \$5-6000, MW. RN 12-4 Burneice Larson, Medical Bureau, 900 N Michigan Ave., Chicago, Ill.

**FLORIDA:** Florida State Hospital School of Nursing needs at once (1) Psychiatric Nurse

Instructor for affiliate program, (2) Medical-Surgical Instructor for basic program. Salaries good. Complete maintenance. State retirement program. Director, School of Nursing, Florida State Hospital, Chattahoochee, Fla.

**GENERAL DUTY:** 40 hr wk, 84 bed hospital, finest equipment, very liberal personnel policies and pleasant working environment. Must be willing to rotate shifts. Salary range \$277 to \$360 monthly. Atomic Energy Project but not Civil Service. Write Director of Nursing Service, Los Alamos Medical Center, Los Alamos, N.M.

**GENERAL DUTY & OPERATING ROOM NURSES:** 210 bed teaching hospital located 35 mi from NYC. Salary \$260 per mo with regular increments. 40 hr wk, \$20 extra for 3-11, \$15 extra 11-7 am. OR nurses \$10 extra per mo. Liberal personnel policies including 3 wks vacation, 12 days sick leave, Social Security. Pleasant living facilities provided if desired. Write or apply Director of Nursing, White Plains Hospital, White Plains, N.Y.

**GENERAL DUTY & OPERATING ROOM NURSES:** Wanted immediately for 150 bed hosp. 40 hr wk with liberal personnel policies. Nurses Home available at reasonable rates. All-graduate nursing staff. Apply Dir. of Nurse, Morrell Memorial Hospital, Lakeland, Fla.

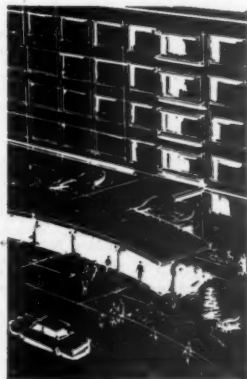
**GENERAL DUTY NURSES:** All shifts, all services, 466 bed hospital. Salary \$300 base pay, \$15 differential. Apply Cedars of Lebanon Hospital, 4833 Fountain Ave., Los Angeles 23, Calif.

**GENERAL DUTY NURSES:** 120 bed hospital, southern Wyoming community of 12,000. Liberal personnel policies, 40 hr wk. Starting

## **Evanston Hospital.** (affiliated with Northwestern University)

### *will be expanding soon!*

New  
opportunities  
for you as  
a Permanent  
Staff Nurse



- Be in line for advancement
- Start at good salary—\$320 per month for rotating service. Scheduled salary increases plus shift differential.
- Work with the newest equipment
- Receive paid vacations; sick leave

Evanston is situated on Chicago's North Shore. Enjoy every cultural, recreational and social opportunity. Further your education by taking courses at Northwestern. Housing available. Campus atmosphere, yet Chicago's loop only 45 min. away.

**Apply:** Director of Nursing, Dept. K. Evanston Hospital, 2650 Ridge Ave., Evanston, Ill.

Medical-  
m. Sala-  
te retire-  
Nursing,  
nee, Fla.

hospital,  
nel pol-  
nt. Must  
nge \$277  
ject but  
of Nurs-  
Center,

ROOM  
located 35  
h regular  
3-11, \$15  
per mo.  
wks va-  
Security,  
desired  
r, White

ROOM  
150 bed  
policies.  
rates. All-  
f Nurses,  
l, Fla.  
hifts, all  
\$300 base  
Lebanon  
anges 23,

hospital,  
000, Los  
Starting

iversity)

advance-

salary—  
a for re-  
cheduled  
es plus  
al.  
e newest

vacations;

ated on  
shore. En-  
l, recrea-  
opportu-  
education  
at North-  
available.  
ere, yet  
y 45 min.

ston, Ill.

nurses

salary \$280 with a charge of \$23 for full main-  
tenance. Additional \$10 per mo. for evening  
and night duty with regular increases. Sur-  
gical Nurses starting salary \$290 plus \$5 per  
call after 5 p.m. Nurses' Home recently re-  
decorated and refurbished. Write Director of  
Nurses, Memorial Hospital, Rock Springs,  
Wyo.

**GENERAL DUTY NURSES:** For 135 bed  
general hospital. Organized medical staff, high  
quality services, pleasant surroundings, com-  
fortable living conditions in nurses home,  
excellent personnel policies. Apply Director  
of Nursing, John D. Archbold Memorial  
Hospital, Thomasville, Ga.

**GENERAL DUTY NURSES:** 118 bed general  
hospital located in a beautiful residential  
section along the North Shore of Chicago.  
Starting salary \$300 a month, bonus of \$30  
for evenings and \$20 for nights. 40 hr. wk.  
Modern ranch style nurses' homes with attrac-  
tively furnished private bedrooms. Contact  
Director of Nursing Service, Highland Park  
Hospital Foundation, Highland Park, Ill.

**GENERAL DUTY NURSES:** Needed for staff  
position in crippled children's orthopedic hos-  
pital. Salary \$245 per mo plus complete main-  
tenance or \$319.50 without maintenance, 15 days  
vacation, 15 days sick leave, 5 day work week.  
Contact Director of Nurses, Carrie Tingley  
Hospital for Crippled Children, Truth or Con-  
sequences, N.M.

**GENERAL DUTY NURSES:** 50 bed approved  
hospital located in mountainous portion of  
Colo. College town. Salary \$275, 40 hr wk,  
sick leave, vacation bonus. Contact Superin-  
tendent, Community Hospital, Alamosa, Colo.

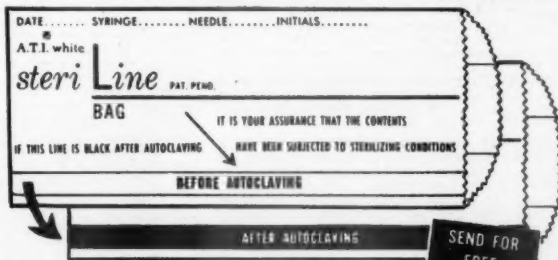
**GENERAL DUTY NURSES:** 56 bed general  
hospital. 20 beds to be added this summer. 40  
hr wk, starting salary \$300. Additional for  
3-11 and 11-7. Liberal personnel policies.  
Hospital located in Southern Calif. Joins  
Los Angeles on the west and Pasadena on  
the north. Alhambra Community Hospital,  
Alhambra, Calif. Apply Mrs. Norene, Di-  
rector of Nurses.

**GENERAL DUTY NURSES—AT MEDICAL  
CENTER:** Start \$275 for 40 hr wk \$5 increases  
at 3, 9 and 15 mos. and \$10 increase after 24  
mos., overtime premium pay, 2 wks paid vaca-  
tion, 6 pd holidays, sick leave, free medical  
services, Social Security. We pay hospital in-  
surance, life insurance, retirement annuity.  
Apply Personnel Director, Rochester Metho-  
dist Hospital Rochester, Minn.

**GENERAL DUTY STAFF NURSE:** New and  
modernized 300 bed general hospital offers  
top salaries and opportunities to advance.  
Evenings \$76.80-88.90 per wk, nights \$73.60-  
\$86.10, days \$64.00-\$75.60. Openings in  
Medical, Surgical, Obstetrics, Pediatrics,  
Operating Rooms and Emergency Room.  
40 hr wk, merit increases, liberal policies.  
On Long Island Sound, 45 mins to N.Y.C.  
Modern nurses residence and school. Apply  
Director of Nursing, Stamford Hospital,  
Stamford, Conn.

**GENERAL DUTY STAFF NURSES:** New &  
modern 36 bed hospital, thriving community  
in Cascade Mountains. Washington standard  
wages. Usual pd vacation and sick time and  
7 legal holidays. \$10 additional for p.m. and  
night duty. \$10 raise every 6 mos to maximum  
of \$315 per mo. Apply to Director Nursing Ser-  
vice, Skyline Hospital, White Salmon, Wash.  
(Turn the page)

Proven by  
Performance—  
Adopted as  
a 'STANDARD'  
the sterilizing  
bag with



## THE "BUILT-IN" INDICATOR A.T.I. steriLine BAG

The steriLine Bag, in just two short years, is already established as a "Standard" by thousands of hospitals! There's good reason—the heavy duty, high wet-strength, steriLine Bag saves you time and insures safe, sterile handling of your instruments. Plus, the "steriLine Indicator" provides you indication as to whether contents of the bag have been autoclaved. This "built-in" indicator changes color from white to black only after proper sterilizing conditions of time, steam and temperature have been achieved.

Use steriLine Bags as thousands of hospitals are now doing.

**Aseptic-Thermo Indicator Company**

11471 Vanowen Street • North Hollywood, California

december, 1956

<b>STERILINE BAGS</b>		<b>RN-12</b>
Aseptic-Thermo Indicator Company 11471 Vanowen St., No. Hollywood, Calif.		
Please send free steriLine Bag samples and prices.		
My name _____		
Title _____		
Hospital _____		
Address _____		
City _____ Zone _____ State _____		



**GENERAL DUTY, SURGICAL & PEDIATRICS NURSES:** For 275 bed general hospital in residential suburb of Chicago. 40 hr. wk. Cash salary and live in: \$265 day duty, \$275 pm duty, \$280 night duty—plus private room in new nurses' residence, 3 meals per day and free laundry of uniforms. Cash salary and live out: \$310 day duty, \$320 pm duty, \$325 night duty—plus one meal and free laundry of uniforms. Low rental apartments available for married nurses. Planned service increases at regular intervals. Many other benefits. Write Personnel Director, MacNeal Memorial Hospital, Berwyn, Ill.

**GENERAL STAFF NURSES:** For all depts. 340 bed hosp conveniently located near NYC. 40 hr 5 day wk, beginning salary \$260 per mo, \$30 bonus for 2:30-11pm, \$20 bonus for 10:30 pm-7am. Extra bonus for OR and Delivery Room. Increments are given every 6 mos for 5 yrs. 1 meal and laundering of uniforms gratis. Living quarters available at moderate cost. Excellent personnel policies. Overtime pay. 4 wks vacation after 1 yr, 8 pd holidays. Sick time cumulative to 60 days. In-staff educational program. Blue Cross insurance available. Pleasant working surroundings. Apply Director of Nursing Service, Presbyterian Hospital, Newark, N.J.

**GENERAL STAFF NURSES:** For 60 bed hospital, very well equipped and modern, located in northern Florida. Good personnel policies, increase in salary every 6 mos, holidays with pay, sick leave with pay and paid vacation. Apply Directress of Nurses, Catherine M. Hurst, R.N., Suwannee County Hospital, Live Oak, Fla.

**GENERAL STAFF NURSES:** For 200 bed general hospital. Openings in Ped, O.B. & Med.-Surg. Minimum starting salary \$255. 40 hr work wk, special consideration given for experience and qualifications. Merit increases at 6 mo, 12 mo and annually thereafter. Evening and night duty differential \$10. Good personnel policies. Rooms available \$20 per mo. Write Dir. of Nursing Service, Memorial Hospital, Casper, Wyo.

**GENERAL STAFF NURSES:** This is a friendly place to work in preferred dept. of 200 bed JCAH general hospital with an active building program. Liberal personnel policies include 40 hr wk, retirement plan, paid hospitalization insurance premium, accumulative 30 day sick leave, 2 wks vacation, 6 holidays annually, meals at cost, rooms at \$20

per mo, 40 mins. from Detroit. Initial salary evenings \$336.80-\$371.47, nights \$322.80-\$357.47, days \$306.80-\$341.47. For details write Director of Nursing, Wyandotte General Hospital, Wyandotte, Mich.

**GENERAL STAFF NURSES:** 270 bed general hospital and 72 bed maternity hospital. Starting salary \$305 a month. \$5 month tenure increase for each 6 mos to maximum of \$335. \$25 additional for afternoon and night. \$25 additional for surgery. Liberal paid annual vacation, 7 paid holidays, 8 hr day and 40 hr wk, Social Security and employer-paid health and life insurance program. Apply to Director of Nurses, Sutter Hospital, Sacramento, Calif.

**GENERAL STAFF NURSES, MEN AND WOMEN:** Opportunity to learn nursing team leadership in 400 bed well equipped, general hospital. Monthly salaries \$310 to \$350, plus differential of \$30.00 monthly for evenings or nights. Attractive personnel policies. Comfortable single room accommodations in residence, \$20 to \$25 monthly. Convenient transportation to colleges and city center. Write to: Director of Nursing Service, Mount Sinai Hospital Medical Center, 2750 West 15th Place, Chicago 8, Ill.

**GERIATRIC STAFF NURSE:** For small hospital in home for the aged. Good salary plus full maintenance. Chicago suburb. Write Miss Rumely, Box 231, Hinsdale, Ill.

**GRADUATE NURSES:** For medical and surgical services, modern 263 bed mid-Manhattan hospital. 5 day, 40 hr. wk. Starting salary, scrub nurses, O.R. \$301, floor duty \$291. Even, \$330, nights, \$320. uniform laundry. Four annual increases, 4 wks. vacation, 11 holidays, sick leave 12 days per year cumulative, social security health service, free hospitalization. Opportunities for special assignments, research nursing bonuses and supplementary study. Housing agent available. Apply Supt. of Nurses, James Ewing Hospital, 1250 First Ave., New York 21, N.Y.

**GRADUATE NURSES:** Positions for those who either have or are willing to obtain Colorado registry. Floor duty, rotating shifts, uniform laundry and meals furnished, 2 weeks paid vacation and 7 days sick leave per year. 35 bed hospital in a growing community. Southwest Memorial Hospital, Cortez, Colo.

**GRADUATE NURSES:** For general duty, 75 bed general hospital, new, air-conditioned with modern equipment. Beginning salary

# ROMILAR,

the non-narcotic cough specific, has an antitussive effect which is equal, if not superior, to that of codeine... Yet Romilar has no codeine-like side effects, such as addiction or constipation. No R<sub>x</sub> required.

Romilar® Hydrobromide—brand of dextromethorphan hydrobromide

HOFFMANN-LA ROCHE INC • NUTLEY 10, NEW JERSEY

ROCHE



and now!

from the laboratories of Revlon Pharmacal:

## MEDICATED Baby Silicare Lotion

for the prevention of  
"Diaper Rash" and Dermatoses in infants



Medicated Baby Silicare Lotion has proved its efficacy in preventing cases of "diaper rash", intertrigo, napkin area erythema with mild papulo-vesicular eruptions, atopic eczema, contact dermatitis and bed sores.

In 577 cases\* of newborns and infants up to eighteen months, Medicated Baby Silicare Lotion was used with excellent results. Through the many tests in institutions and at home it provided the desired protection and comfort in 96.5% of the cases under observation.

Since napkin dermatitis ("diaper rash") together with other types of dermatoses have been a problem to infants, mothers, and physicians, Revlon developed Medicated Baby Silicare Lotion to cleanse and protect the infant's skin, combining the moisture-repelling and bactericidal qualities essential in prevention of dermatological conditions.

Baby Silicare is a combination of dimethylpolysiloxane (silicone) and hexachlorophene in an ethanalamine stearate lotion.



PHARMACAL DIVISION

745 Fifth Ave., New York, N.Y.

\*Archives of Pediatrics 73:4 April 1956.



Revlon

\$250 a mo with differential for evening and night duty and operating room nursing. Good personnel policies. 5 day, 40 hr wk, vacation, pd sick leave, holiday time. Located in beautiful central Florida. Apply Director of Nurses, Seminole Memorial Hospital, Sanford, Fla.

**GRADUATE NURSES:** We're switching our style this time. Frankly, we're switching because we want to catch your eye. It's that simple. It's just our ad style that's been changed however. Our Hospital System (6 hospitals in various parts of Los Angeles County) is not changed. It's as good as ever. Of course our salaries have gone up again—Graduates begin at \$303, Asst Head Nurses begin at \$337. Just write me for full information. Mrs. Betty Hartwig, R.N., Los Angeles County General Hospital, Box 1311, Los Angeles 33, Calif.

**GRADUATE NURSES:** The Los Angeles County Hospital System (6 hospitals) has a hospital the size and shape you want. We have a 3000 bed hospital—the Los Angeles County General. We have a 200 bed—the John Wesley Memorial. We have a hospital on the ocean—Harbor General, and one in San Fernando Valley—Olive View. Come to Los Angeles and take your pick. It's a wonderful place to live—a wonderful place to work. I'll be glad to send further information. Mrs. Betty Hartwig, R.N., Los Angeles County General Hospital, Box 1311, Los Angeles 33, Calif.

**GRADUATE NURSES:** It's me again. You can't say we're not trying to catch your eye. For full information write me. Betty Hartwig (see above ad for address). Thanx.

**GRADUATE NURSES:** A report just received indicates Los Angeles County is the second largest metropolitan area in the U.S.A. Since 1948 our population has increased over 30%. Where there is growth there is opportunity—and we're still growing. This information is provided through the courtesy of the Los Angeles County Hospital System. The hospitals with the "forward look". Write Betty Hartwig, R.N., Box 1311, Los Angeles 33, Calif.

**GRADUATE NURSES:** There is plenty of opportunity for further study and professional development in Los Angeles. USC and UCLA are the largest schools located in the County. Our own School of Nursing is located at the Los Angeles County General Hospital. Betty.

**GRADUATE NURSES:** Last year at the Los

Angeles County General Hospital, Los Angeles, Calif., the patient case load was more than 1 million visits, 8000 injections were given each day, 13,000 babies were born here. If you are after professional development, this is the place for you! Our nurses do the professional job they were trained to do. Write me for further information. Betty Hartwig, R.N., Los Angeles County General Hospital, Box 1311, Los Angeles 33, Calif.

**GRADUATE REGISTERED NURSES:** For Medical, Surgical, Obstetrical and Pediatric services 150 bed general hospital, 40 hr wk, accumulative sick leave to 30 days, annual vacation of 3 wks, 6 holidays, Social Security and Blue-Cross benefits. Salary, staff nurses \$255-\$270, 7-3 duty, \$15 differential for 3-11 and 11-7 duty. Apply Director of Nursing, Scholtz Memorial Hospital, Waterloo, Iowa.

**GRADUATE STAFF NURSES:** For Medical, Surgical and Obstetrical Services. Also vacancies on operating room staff. Salary \$265 per mo for 8 hr day 40 hr wk. Annual vacation and sick leave. Retirement benefits if desired. Apply Administrator, Robinson Memorial Hospital, Ravenna, Ohio.

**INDUSTRIAL, OFFICE, CLINIC:** (a) Courier Nurses, stewardesses, air, rail, East, South West, overseas. \$360, expenses. (b) Supv. privately owned clinic, So. Calif. \$450. (c) Blood bank nurse, 300 bed hosp outside Chicago, 5 days. \$300-\$400. RN 12-5 Burneice Larson, Medical Bureau, 900 N Michigan Ave, Chicago, Ill.

**LABORATORY AND/OR X-RAY TECHNICIAN:** For work in modern clinic with 2 doctors. Salary open. Also need female registered nurses for hospital work. Man and wife combination would be ideal. Beaver County Hospital, Milford, Utah.

**MEDICAL-SURGICAL SUPERVISOR-ADMINISTRATIVE:** 500 bed voluntary hospital, 10 mi. from New York City with direct transportation to Times Square in 35 mins. Universities and colleges available both in New York and New Jersey for further education. B.S. Degree and/or satisfactory experience in supervision preferred but will consider person with satisfactory experience working towards degree. Salary dependent on education and experience. 40 hr wk, 8 holidays with full pay, 4 wks vacation yearly, liberal sick leave. Write to Director of Nursing, Newark Beth Israel Hospital, 201 Lyons Ave., Newark 12, N.J.

## Why Acid FOR NURSES' AND DOCTORS' HANDS?

Constant scrubbing is hard on hands, can cause various types of hand dermatitis... because it removes the natural, protective acid mantle of the skin. Acid Mantle Creme or Lotion instantly restores the skin to its normal acidity, protects against skin dermatitis, softens and beautifies the skin. PROFESSIONAL SAMPLE ON REQUEST.



**Acid Mantle®**

CREME or LOTION  
DOME-pH4.2

RN 12-56



**DOME CHEMICALS INC.**, 109 W. 14th ST NEW YORK 23, N.Y.

**NEW HOSPITAL:** El Centro, California. 40 hr wk. General duty \$300-325 per mo. Contact Superintendent of Nurses, El Centro Community Hospital, El Centro, Calif.

**NURSE ANESTHETIST:** For approved general hospital. Must be able to administer latest types of anesthetic agents. Salary \$375 to \$400 per mo plus full maintenance. Annual vacation and sick leave. Retirement benefits if desired. Apply Administrator, Robinson Memorial Hospital, Ravenna, Ohio.

**NURSE ANESTHETIST, EXPERIENCED:** Write Eileen M. Tiplado, Yolo General Hospital, Woodland, Calif.

**NURSE ANESTHETIST:** Permanent night position to supplement staff of six. Salary \$415 plus other benefits. Upper Midwest location J.C.A.H. approved hospital. Write Box SBH-1 c/o R. N. Magazine, Oradell, N.J.

**NURSES:** Registered Operating Room. 150 bed privately-owned hospital. 40 hr wk, 2 wks vacation, 5 holidays, pension plan, group life insurance, complete maintenance. Salary open, additional pay for call. Contact Personnel, Southwestern General Hospital, El Paso, Tex.

**NURSES:** Needed for 46 bed modern hospital in beautiful Willamette Valley only 14 miles from Salem, capital of Oregon. Excellent personnel policies, base pay \$285 per month with \$20 differential for afternoon and night duty and one meal a day furnished free. Living accommodations moderate and not difficult to find. Write Ovanda Emmert, R.N., Administrator, Silverton Hospital, Silverton, Ore.

**NURSES:** Graduate, registered, staff, inservice education, liberal personnel policies, rotating shifts. Located near Gulf. Social Security and retirement plan available. Starting salary \$300. Apply Nursing Supervisor, Polio Center, 1801 Buffalo Drive, Houston 3, Tex. CA 4-7875.

**NURSES:** Modern 200 bed, fully accredited hosp. in beautiful Cumberland Valley college town, has openings in General Duty (Medical and Surgery), Operating Room, Pediatrics, Maternity and Nursery. Friendly, informal atmosphere. 40 hr wk, 7 pd. holidays. Free hospitalization, Social Security, 2 wks vacation after 1 yr, other benefits. Apply Dorothy D. Bollinger, R.N., Director of Nursing, Chambersburg Hospital, Chambersburg, Pa.

**NURSES:** General hospital, 236 beds, new

building, modern equipment. 30 miles from New York City. Liberal personnel policies. Write Director of Nursing, Morristown Memorial Hospital, Morristown, N.J.

**NURSES:** General Duty, for 30 bed hospital 35 miles from New York. Excellent salary. Apply Administrator, Tuxedo Memorial Hospital, Tuxedo Park, N. Y.

**NURSES WANTED:** A qualified Instructor in Tuberculosis Nursing. Salary range \$300 to \$375 per month. Charge nurse—salary range \$275 to \$350 per month. Staff nurse—salary range \$240 to \$275 per month. Complete maintenance with nicely furnished room available at a cost of \$30 a month. Fringe benefits and liberal vacation, holidays, and sick leave allowance. Beginning salary commensurate with qualifications. Apply to Supt. of Nurses, Idaho State Tuberculosis Hospital, Gooding, Idaho.

**OPERATING ROOM ASS'T SUPERVISOR:** For 600 bed general hospital. New, modern air conditioned Operating Room Suite (13 rooms) to open in November 1956. Attractive personnel policies, salary dependent on preparation and experience. B.S. Degree desirable. Student nurse and student technician training program. Adequately staffed. Apply to Director of Nurses, Western Pennsylvania Hospital, Pittsburgh 24, Pa.

**OPERATING ROOM NURSES:** For 200 bed hospital. Openings for Asst Supervisor and Staff. Minimum starting salary \$255. 40 hr work wk. Special considerations given for experience and qualifications. \$20 per mo for call. Average call 2 nights per wk. Good personnel policies, rooms available \$20 per mo. Write Director of Nursing Service, Memorial Hospital, Casper, Wyo.

**OPERATING ROOM NURSES—AT MEDICAL CENTER:** Start \$285 for 40 hr wk \$5 increase at 3, 9, and 15 mos., \$10 increase after 24 mos. Overtime premium pay, paid vacation, 6 paid holidays, sick leave, free medical services. Social Security. We pay hospitalization insurance, life insurance, retirement annuity. Apply Personnel Director, Rochester Methodist Hospital, Rochester, Minn.

**OPERATING ROOM SUPERVISOR:** Experience desirable but not necessary. Sick leave and annual vacation. Retirement benefits available. Salary open. Apply Administrator, Robinson Memorial Hospital, Ravenna, Ohio.

**OPERATING ROOM SUPERVISOR:** 118 bed Gen. Hosp. in a beautiful residential suburb

# FREE

SAVE up to 50% AND MORE on vitamins and vitamin-mineral combinations when you order from the new 1956 **FREE** Hudson Vitamin Catalog.

New, revised, bigger than ever, the Hudson Catalog shows why Hudson has been a favorite with the nursing and medical profession for over 25

**HUDSON VITAMIN PRODUCTS, INC.**

Dept. R-21

## Hudson Vitamin Catalog Shows B-I-G Savings!

years. Hudson Vitamins conform to State and Federal Regulations.

Buy your vitamins the convenient way, BY MAIL, AND SAVE, wherever you are. **WRITE FOR YOUR FREE HUDSON VITAMIN CATALOG TODAY.**

Satisfaction Guaranteed, or  
Your Money Back

165 Greenwich St., New York 6

along the North Shore of Chicago. Modern ranch style nurses homes with attractively furnished private bedrooms. 40 hr. wk. Contact Director of Nursing Services, Highland Park Hospital Foundation, Highland Park, Ill.

**PALM SPRINGS CALIFORNIA OPPORTUNITIES:** Staff nurses and operating room. 38 bed hospital in America's winter resort area. Wages are top for resort area. 5 day wk, 7 pd holidays, 2 wks vacation after 1 yr, 3 wks after 3 yrs and sick leave. If interested contact Director of Nurses, Desert Hospital, P.O. Box EE, Palm Springs, Calif.

**PEDIATRIC INSTRUCTOR:** Who knows what pediatrics really is, and how to interpret it to student nurses. Superior working conditions, freedom to use personal initiative and imagination, cooperative co-workers and associates in outstanding Children's Hospital of friendly Kentucky Derby City. Salary entirely dependent upon preparation and experience. This is an unusual opportunity for an alert, ambitious nurse who would enjoy doing creative work in a happy atmosphere. For details write Director of Nursing, Children's Hospital, Louisville, Ky.

**PEDIATRIC TEACHING SUPERVISOR:** For 32 bed unit in 220 bed general hospital with School of Nursing. Apply Director of Nursing, Orangeburg Regional Hospital, Orangeburg, S.C.

**PUBLIC HEALTH:** (a) Dir. new program, org. develop procedures, policies, adm. leading SW oil capital, \$7740, expenses, (b) Instructor, status Asst. Prof. head dept, newly created univ. school, lge city, near resorts, \$5500. (c) School Nurse, two elementary schools, within walking distance, outside Chicago, \$390-\$425, RN 12-6 Burneice Larson, Medical Bureau, 900 N Michigan Ave., Chicago, Ill.

**PUBLIC HEALTH NURSE:** For generalized program in Hidalgo County Health Dept., Rio Grande Valley, Texas. Starting salary \$300-\$360 depending on qualifications. Must own car. Monthly car allowance furnished. Texas registration required. Write Dr. David M. Cowgill, M. D., Room 427, Courthouse, Edinburg, Tex.

**PUBLIC HEALTH NURSE:** 48 yr old organization employing 4 reg. nurses and 2 trained practical nurses. Salary open, liberal personnel policies, 1 mo. vacation and car allowance. Apply Mrs. Robert M. Eiss, 115 E. Forest Ave., Neenah, Wis.

**PUBLIC HEALTH NURSE CONSULTANT:** Maternal and Child Health: To provide technical program guidance and staff education in maternal and child health area of generalized public health nursing program. Salary \$6400 to start with 4 annual increases to \$6480. Permanent career service, liberal benefits. Qualifications: 4 yrs public health nursing experience, including 1 yr in a teaching, consulting, supervisory or administrative capacity, and 1 yr in the field of maternal and child health. Master's Degree in public health nursing or public health nursing education with major course work in maternal and child health. Miss Madelyn Hall, Director of Public Health Nursing, Philadelphia Dept. of Public Health, Room 615 City Hall Annex, Phila., Pa.

**PUBLIC HEALTH STAFF NURSE:** For general Visiting Nurse Service for Boro of Carlisle and 10 mi. area, 5-5½ day, 40 hr wk under qualified supervision. Attractive college town and rural area, 20 mi. from capitol city of Harrisburg. Educational opportunities, Blue Cross, Blue Shield available, Workmen's Compensation. Agency car and expenses provided. 3 wks pd vacation, 7 holidays, sick leave. Education and/or training in Public Health Nursing desirable but not required. Eligible for R.N. in Penna. Salary dependent on background. Positions open immediately. Write or Phone collect Director Visiting Nurse Service, Carlisle Hospital, Carlisle, Pa.

**QUALIFIED PUBLIC HEALTH NURSE & REGISTERED NURSE:** Salary for public health nurse \$4000. Immediate appointment on a provisional basis. Permanent appointment with increases up to \$5080, 37 hr wk, liberal vacation and personnel policies, pension rights, in-service training, promotional opportunities. Generalized service including maternal and child care, school health and communicable disease control. Salary for registered nurses \$3500-\$3980. Opportunity for Registered Nurses seeking public health qualification. Immediate appointment. 37 hr wk, liberal personnel policies. Applicants must be able to matriculate for public health nursing courses at university. Applicants (except N.Y. State Veterans) must not have reached 36th birthday. Write or call the New York City Dept. of Health, 125 Worth St., New York 13, N.Y.

R.N.: For general duty in Rehabilitation Center. 44 hr wk, day duty 7-3:30 p.m.

## R.N.s IN CITY OF DETROIT HOSPITALS

**Starting salaries:** \$357—Communicable Disease Nurse  
\$357—General Staff Nurse  
\$357—Junior Public Health Nurse  
(Trainee class)  
\$364—Public Health Nurse  
\$398—Head Hospital Nurse

*Write for applications and brochures*

**DETROIT CIVIL SERVICE COMMISSION**

**612 City-County Building, Detroit 26, Michigan**

ANT:  
e tech-  
ion in  
alized  
\$5400  
\$6480.  
nefits,  
ursing  
ching,  
rative  
ternal  
public  
z edu-  
ternal  
rector  
Dept.  
nnex,

r gen-  
ro of  
hr wk  
college  
capitol  
rtuni-  
ilable,  
nd ex-  
holi-  
aining  
at not  
Sal-  
open  
rector  
spital,

SE &  
public  
tment  
point-  
r wk,  
pen-  
tional  
luding  
n and  
r reg-  
y for  
quali-  
r wk,  
ast be  
ursing  
except  
ached  
York  
New

tation  
p.m.

LS

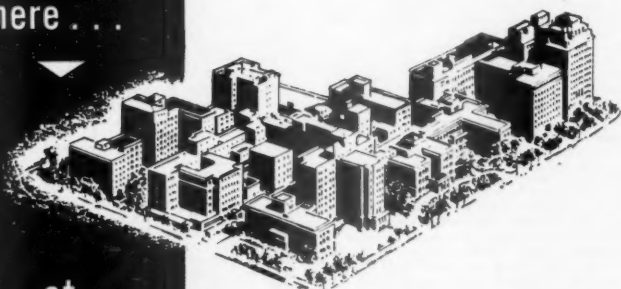
ses

There's a  
team  
working  
here . . .

at

# BARNES HOSPITAL MEDICAL CENTER

Doctor, nurse, dietitian, technician, administrator, trustee—each with his own special skill and function working with the other, as a single unit with the single purpose of patient care at the highest degree.



Affiliation with the Washington University School of Medicine integrates patient care with teaching and research. Opportunity and challenge in all fields of Medicine, Surgery, Obstetrics, and Psychiatry are to be found in this medical center of international reputation.

Monthly staff salaries begin at \$300.00 for a 44-hour week with evening and night and psychiatry differential.

**For Detailed Information Write**

**DIRECTOR OF NURSING  
BARNES HOSPITAL**

600 SOUTH KINGS HIGHWAY  
ST. LOUIS 10 • MISSOURI

30 mi from NYC. Walking distance to all points of transportation, churches, shopping centers. Pd vacation, sick leave, hospitalization available. No deduction for meals, laundering of uniforms. Live in or out. Salary open. Give references in first letter. Morristown Rehabilitation Center, Inc., 66 Morris St., Morristown, N.J.

**R.N.'S:** Under 50 years of age. General duty \$300-\$350 (5 steps), head nursing \$315-\$375 (5 steps). Retirement plan, sick leave benefits. Holidays, 3 weeks vacation, modern nurses residences. State eligibility for Calif. registration. Tuberculosis, other chest diseases, chronic illness. Rehabilitation ward recently opened, interesting and challenging positions for qualified register nurses. Submit photo to Director of Nursing Services, Tulare-Kings Counties Hospital, Springville, Calif.

**R.N.'S:** \$250 per mo. to start. \$5 increase every 6 mos. for 3 yrs. Full maintenance, 3 wks vacation, 1 wk sick leave after 1 year service. Deborah Sanatorium, Brown Mills, N.J.

**REGISTERED NURSE:** For new modern 30 bed hospital in agricultural valley located 80 mi from Reno. Starting salary is \$275 per mo 5 day wk, 3 meals a day, laundry of uniforms, differential for eve. and nights, hospitalization policy paid by hospital, 2 wks vacation, 10 days sick leave, 6 pd holidays. Assured increments. Contact: Administratrix, Lyon Health Center, Yerington, Nev.

**REGISTERED NURSE:** For new Bagdad 12 bed hospital, relief shift. Salary \$335 per mo. 10 day sick leave per year. Two weeks pd vacation. Bagdad Insurance available. Housing at low rent. Apply to R.G. Hardenbrook, M.D., Bagdad Hospital, Bagdad, Ariz.

**REGISTERED NURSE ANESTHETIST:** For new 12 bed Bagdad Hospital, with supervision of Nursing Staff. 8 hr day, 40 hr wk, 10 days sick leave, 2 wks vac. with pay. Extra pay for call back time. Housing at low rent. Employment available for spouse, if suited. Salary \$600. Apply R. G. Hardenbrook, M.D., Bagdad Hospital, Bagdad, Ariz.

**REGISTERED NURSE FOR GENERAL DUTY:** 50 bed modern hospital. Good living and working conditions. Salary \$280.00. Apply W. R. Coe Memorial Hospital, Cody, Wyo.

**REGISTERED NURSE INTRAVENOUS THERAPY AND BLOOD BANK:** 210 bed gen hosp. 30 min. from Grand Central. 40 hr wk, 3 wks vacation, good personnel policies, no experience necessary. Apply Director of Nursing, White Plains Hospital, White Plains, N.Y.

**REGISTERED NURSES:** 28 bed company owned hospital, immediate vacancy for operating room-clinic nurse. Openings for general duty. Salary \$16.38 and \$15.23 per day respectively, including complete maintenance. 5 day, 40 hr wk. Pd vacations, Social Security, etc. Apply Dorothy M. Haman, Supt., Step-toe Valley Hospital, East Ely, Nev.

**REGISTERED NURSES:** 65 bed general hospital located 40 mi from Dallas, Tex. Starting salary \$260 per mo. plus laundry of uniforms and one meal per day. Living quarters available. Apply Director of Nurses, City-County Hospital, McKinney, Tex.

**REGISTERED NURSES:** Are you looking for something new? Staff and Asst Head Nurse positions open in beautiful new University of Oregon Medical School Hospital located on

hill overlooking Portland, Ore. Medical, Surgical, Pediatric and Psychiatric units. Excellent opportunities for learning, both in clinical areas and on campus. Staff members may take courses at reduced tuition rate (\$3 per quarter hr) leading to baccalaureate or Masters Degrees at the Nursing School on campus. Liberal personnel policies. The Northwest is a wonderful place to live and work. Write to Director of Nursing Service for full information, U of O Medical School Hospital, 3181 SW Sam Jackson Park Road, Portland 1, Ore.

**REGISTERED NURSES:** For general duty for 150 bed tuberculosis sanatorium in Bartlett, Alaska. Starting salary \$250 per month plus complete maintenance with a \$10 raise each six months to a maximum base pay of \$280. \$10 extra for evening and night shift. 8 hr. day, 40 hr. wk., 8 to 4, 4 to 12, 12 to 8 shifts. New modern nurses residence. Write to Director of Nurses, Seward Sanatorium, Bartlett, Alaska.

**REGISTERED NURSES:** Charge duty, 40 hr. wk., 6 paid holidays, 2 wks. paid vacation after 1 year, meals while on duty. Starting salary \$250 month, increase of \$5 every 6 mos. to maximum of \$275. Evening and night duty \$10 month extra. Nurse's Home completely furnished, including linen and laundry available for \$30 month. Gooding County Memorial Hospital, Gooding, Idaho.

**REGISTERED NURSES:** General staff duty. Beginning salary \$285 per month and \$10 shift differential, 40 hr. wk., 7 pd. holidays, yearly vacation, health insurance program. Uniform laundry provided. Mark Twain Hospital District, San Andreas, Calif.

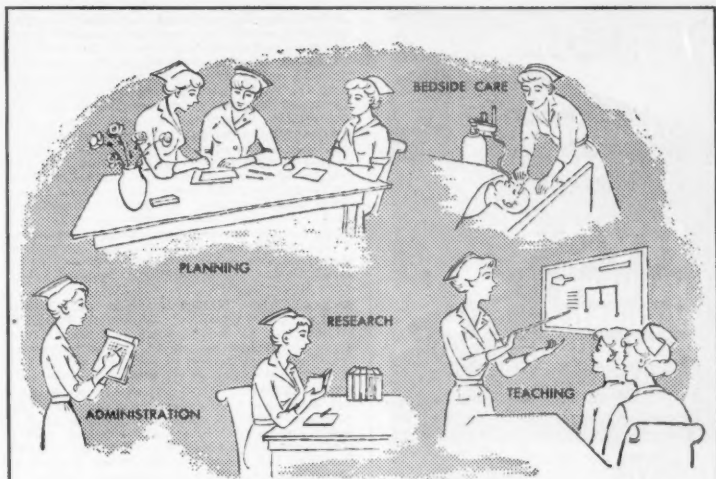
**REGISTERED NURSES:** New 40 bed hospital, Texas vacation land, near large cities. Excellent salary and personnel policies—staff duty. Write Administrator, New Braunfels Hospital, Inc., New Braunfels, Texas.

**REGISTERED NURSES:** Positions for general duty registered nurses, starting salary \$250 per month. Positions also available for specially trained nurses in the following classifications: operating room, anesthetist, infectious and contagious, pediatrics, premature infant care, obstetrical and tuberculosis. Salary depending on qualifications. For all groups living in facilities available, average 44 hr. wk. 11 holidays per year, sick leave on indefinite accumulation basis, free hospitalization, one free meal while on duty, 8 hr. day, and laundry \$4 per month. Apply Superintendent, Lafayette Charity Hospital, Lafayette, La.

**REGISTERED NURSES:** Male and female. Starting salary \$300 up plus \$10 pm shifts. 40 hr wk, Social Security, paid vacation, 10 days sick leave, hospital group insurance. Apply Mr. Glenn A. Dickau, R.N., Administrator, Corning Memorial Hospital, Corning, Calif.

**REGISTERED NURSES:** Eligible for Calif. registration needed. 10 openings. General duty start \$32, range to 415. Shift differential 15-25. Special categories with salaries in accordance. Quarters provided. Vacations, 40 hr. wk., paid holidays, cumulative sick leave and health plan. Apply Director of Nursing, Humboldt County Community Hospital, 2200 Harrison St., Eureka, Calif.

**REGISTERED NURSES:** 140 bed Physical Medicine and Rehabilitation Hospital, fully accredited by JCAH, accepting patients with



# NURSING

## IS AN EXCITING ADVENTURE

### AT THE MINERS MEMORIAL HOSPITALS

Nursing at the Miners Memorial Hospitals, in and around the coal fields, will never become routine. The nursing organization enables nursing service personnel to make their best contribution to the patients they serve. Unique physical facilities—centralized service core, pre-packaged supplies, equipment readily available in the nursing unit—provide the opportunity for the bedside nurse to plan and execute expert nursing care. In-service education programs encourage professional development through experience in leadership, teaching, administration and clinical nursing. Monthly salaries for team leaders begin at \$405 for a forty-hour week. Shift differentials, salary increases and a no-expense retirement plan are just some of the benefits provided.

**MINERS MEMORIAL HOSPITAL ASSOCIATION**  
**110 Logan St. Williamson, W. Virginia**



# DEPENDABLE

ON  
THOSE STORMY  
DAYS

## HVC HAYDEN'S VIBURNUM COMPOUND

Antispasmodic and Sedative

**HVC**

Professional samples and  
descriptive literature  
available on request.

NEW YORK PHARMACEUTICAL CO.  
BEDFORD, MASS.

### UNIVERSITY OF MICHIGAN UNIVERSITY HOSPITAL

#### Offers You

Wide and Varied Clinical Experience. Stimulating Environment in a Teaching and Research Center. Life in a University Town.

**Starting Salary  
\$320 per month  
40-hour week**

**Good Personnel Policies**

*Please write to:*

**Department of Nursing  
University Hospital  
Ann Arbor, Michigan**

physical handicaps. Begin at \$280 monthly with differential for evening and night duty. Quarters and meals available for \$35 monthly. Uniforms laundered. Completely air-conditioned hospital well located in relation to San Antonio, Austin and Gulf Coast. Contact Director of Nursing, Gonzales Warm Springs Foundation, Gonzales, Tex.

**REGISTERED NURSES:** For Veterans Administration Hospital, Fort Howard, Maryland, located 15 mi from Baltimore. 437 bed GM&S Hospital. Personnel policies include 40 hr wk, 30 days annual leave, 15 days sick leave and 8 holidays. Salaries, Junior Grade \$4025, Associate Grade \$4730 with yearly increases. Non-housekeeping quarters available. Uniform allowances and laundry provided. Openings for both men and women interested. Contact Chief, Nursing Service, VAH, Fort Howard, Md.

**REGISTERED NURSES FOR GENERAL DUTY, OBSTETRICAL, AND SURGICAL NURSING:** 80 bed hospital. Six miles from down town Memphis. 40 hr. wk., other benefits. Contact Director of Nurses, Critterden Memorial Hospital, West Memphis, Ark.

**REGISTERED PROFESSIONAL NURSES:** For supervisory, educational and general staff positions. Liberal personnel policies. 40 hr. week. Differential salary for evening, nights and operating room. Social Security. Christ Hospital, 176 Palisade Ave., Jersey City, N.J.

**REGISTERED STAFF NURSES:** Never a dull moment for the graduate nurses who decide they would like to join us at the University of Texas Medical Branch Hospitals. We work a 40 hr wk in our air-conditioned hospitals leaving 125 hrs to enjoy the beach and nearby resorts. Galveston boasts an average temperature in the low 70's which means that swimming, fishing, horseback riding and sailing can be enjoyed year 'round. We have positions available in the clinical area of your choice. Staff nurses monthly salaries begin at \$264 for rotation and \$277 for extended even or nights. Uniforms laundered free. Liberal personnel policies and opportunities for advanced study leading to both B.S. and M.S. Degrees. Write for further information to the : Director of Nursing Service, University of Texas Medical Branch Hospitals, Galveston, Tex.

**SCHOOL OF ANESTHESIA:** Approved by the American Association of Nurse Anesthetists. Open to registered nurses of accredited schools of nursing. Applications being received for February and August 1957 classes. For complete information and application blanks write to Everard R. Hicks, Director of the School of Anesthesia, The McLeod Infirmary, Florence, S.C.

**SMALL NEURO-PSYCHIATRIC HOSPITAL:** In Birmingham, Ala., wants immediately female R.N. who has had psychiatric experience, for job as Head Supervisor. Salary depends on experience. Write Hill Crest Sanitarium, Box 2896 Woodlawn, Birmingham 6, Ala.

**STAFF & OPERATING ROOM NURSES:** Large general hospital with school of nursing. Facilities for advanced training at universities in city. 40 hr wk, vacations, sick leave, pd holidays. Apply Personnel Dept., Milwaukee Hospital, 2200 W. Kilbourn Ave., Milwaukee 3, Wis.

**STAFF, SCRUB:** (n) Scrub, renowned So. Calif. surgeons in partnership, most ideal lo-



monthly  
at duty.  
monthly.  
re-condi-  
to San  
act Di-  
Springs

ns Ad-  
Mary-  
37 bed  
include  
ays sick  
Grade  
arly in-  
ailable.  
provided.  
inter-  
VAH,

GENERAL  
GICAL  
from  
bene-  
tterden  
rk.

RSSES:  
al staff  
40 hr.  
nights  
Christ  
y, N.J.

ever a  
es who  
he Uni-  
hospitals.  
ditioned  
the beach  
means  
ng and  
e have  
area of  
salaries  
for ex-  
ndered  
opport-  
to both  
further  
Nursing  
Branch

id by the  
chietists,  
credited  
ing re-  
classes.  
lication  
Director  
McLeod

HOSPI-  
mediate-  
tric ex-  
Salary  
st Sani-  
n 6, Ala.

RSSES:  
nursing.  
niversi-  
k leave,  
c., Mil-  
n Ave.,

ned So.

ed lo-  
urses

cation. \$350-\$400. (b) Two, 300 bed hosp.  
Pacific Island American Naval Station, \$4300,  
living accom, pd air travel. RN 12-7 Burnice  
Larson, Medical Bureau, 900 N Michigan  
Ave., Chicago, Ill.

**STAFF NURSE POSITIONS AVAILABLE:**  
600 bed General and Tuberculosis Hospitals  
with student programs. In central valley city  
of 108,000. State and junior colleges afford  
opportunity for advanced education. Liberal  
personnel policies. Salary \$300 with 4 annual  
increases to \$341. Full maintenance available  
at \$45 monthly. Write to Associate Director of  
Nursing Service, Fresno County General Hos-  
pital, Fresno, Calif.

**STAFF NURSES:** 300 bed general hospital  
located in the Hollywood District of sunny  
California. Beginning salaries \$300-\$315 per  
mo, maximum \$230-\$355, 5 day wk, 6 holi-  
days, pd vacation and sick leave. For fur-  
ther information write Director Nursing  
Service, Hollywood Presbyterian Hospital,  
Los Angeles 27, Calif.

**STAFF NURSES:** For Tuberculosis Hospital,  
located about 20 miles from New York City.  
5 day 40 hr. wk. Beginning salary \$3323 yearly  
with a yearly increment \$199 to \$4180. Differ-  
ential of \$360 for evening duty, and \$240 for  
night duty. Full maintenance available at \$624  
yearly. Liberal vacation, holidays, sick time,  
Pension Plan, or Social Security available,  
depending upon age, physical condition and  
other determining factors. Apply to Director  
of Nurses, Essex County Sanatorium, Verona,  
N.J.

**STAFF NURSES:** For 150 bed modern fully  
approved general hospital located in the  
"Fruitbowl of the Nation". Starting salary  
\$260 up, 8 merit increases. 40 hr wk, dif-  
ferential for afternoon and night duty. Apply  
Director of Nurses, Yakima Valley Mem-  
orial Hospital, Yakima, Wash.

**STAFF NURSES:** For 225 bed Southern Cali-  
fornia hospital on coast. Attractive personnel  
policies including 40 hr wk. Salary for Cali-  
fornia registered nurses starts at \$265 and  
increases on merit rating. Apply Director of  
Nursing, Santa Barbara Cottage Hospital,  
Santa Barbara, Calif.

**STAFF NURSES:** For 45 bed general hospital,  
completely remodeled and new equipment. 44  
hr. week. Starting salary \$265 up. Good work-  
ing conditions. Liberal personnel policy.  
Apply Administrator, Coon Memorial Hospi-  
tal, Dalhart, Tex.

**STAFF NURSES:** For modern 650 bed tuber-  
culosis hosp. affiliated with Western Reserve  
University and approved by joint commission  
on accreditation of hospitals. 40 hr wk, 5 day  
week. Salary \$293 to \$323, with automatic  
increases. Full maintenance available at mini-  
mum rate. Housing for two or more nurses.  
Advancement for eligible applicants. Meets  
approved minimum employment standards of  
the State Nurses' Association. Apply to Direc-  
tor of Nursing, Sunny Acres Hospital, Cleve-  
land 22, Ohio.

**STUDENT HEALTH:** (a) Infirmary Nurse,  
old South renowned Women's College, city of  
25,000, exc. liv. accom, opport, further educ.  
RN 12-8 Burnice Larson, Medical Bureau,  
900 N Michigan Ave., Chicago, Ill.

**SUPERVISORS:** (a) In-Service trng, 130  
bed hosp, set up program, \$350, mtce. S. (b)  
Communicable Disease, OB, air-conditioned  
[Please turn to page 94]



Infantile eczema of 4 months duration



Skin cleared after only 13 days

# MAZON

## dual therapy

With MAZON soap, the treatment  
of choice for (Eczema), Psoriasis,  
and other skin conditions not  
caused by or associated with meta-  
bolic disturbances.

*Dispensed only in the original blue  
jar.*

Belmont Laboratories,  
Philadelphia, Pa.

**NEW, EASY, CONVENIENT!**

**FOILLE®**



**FIRST AID  
SPRAY  
FOR  
BURNS**

•  
Fast  
Effective  
Relief

•  
Aids Healing

•  
Guards Against  
Infection

*Order Now*  
FROM YOUR SUPPLIER



One of over 50  
styles available  
in any material  
you want. Made-  
to-Measure at  
stock garment  
prices.

Request cata-  
log, samples and Easy to Order measure  
blanks NOW.

**NI-CO UNIFORMS**

Georgiana 3,

Alabama

92

STATEMENT REQUIRED BY THE ACT  
OF AUGUST 24, 1912, AS AMENDED BY  
THE ACTS OF MARCH 3, 1933, AND JULY  
2, 1946 (Title 39, United States Code, Section  
238) SHOWING THE OWNERSHIP, MAN-  
AGEMENT, AND CIRCULATION OF

R. N., published monthly at Rutherford,  
N. J. for October 1, 1956.

1. The names and addresses of the pub-  
lisher, editor, managing editor, and business  
managers are: Publisher, William L. Chap-  
man, Jr., 550 Kinderkamack Road, Oradell,  
N. J.; Editor, Alice R. Clarke, 550 Kinderka-  
mack Road, Oradell, N. J.; Managing Edi-  
tor, Albert B. Miller, 550 Kinderkamack Road,  
Oradell, N. J.; Business Manager, James  
F. Mottershead, 550 Kinderkamack Road,  
Oradell, N. J.

2. The owner is: The Nightingale Press,  
Inc., 550 Kinderkamack Road, Oradell, N. J.;  
Medical Economics, Inc., 550 Kinderkamack  
Road, Oradell, N. J.; Robert E. Spine, M.D.,  
Hotel Roger Smith, Lexington Ave. & 47th  
St., New York, N. Y., Mrs. Helen B. Con-  
stantinides, 148 Union Ave., Rutherford,  
N. J., Miss Gladys Huss, 530 East 23rd St.,  
New York, N. Y., William L. Chapman, Jr.,  
136 Linden St., Ridgewood, N. J., Miss  
Suzanne B. Chapman, 136 Linden St., Ridgew-  
wood, N. J., William L. Chapman, III, 136  
Linden St., Ridgewood, N. J., Peter R. Chap-  
man, 136 Linden St., Ridgewood, N. J., Miss  
Mary P. Chapman, 136 Linden St., Ridgew-  
wood, N. J.

3. The known bondholders, mortgagees, and  
other security holders owning or holding 1  
per cent or more of total amount of bonds,  
mortgages, or other securities are: None.

4. Paragraphs 2 and 3 include, in cases  
where the stockholder or security holder ap-  
pears upon the books of the company as  
trustee or in any other fiduciary relation, the  
name of the person or corporation for whom  
such trustee is acting; also the statements  
in the two paragraphs show the affiant's  
full knowledge and belief as to the circum-  
stances and conditions under which stock-  
holders and security holders who do not ap-  
pear upon the books of the company as  
trustees, hold stock and securities in a capac-  
ity other than that of a bona fide owner.

(Signed) William L. Chapman, Jr.

Sworn to and subscribed before me this 26th  
day of October, 1956.

(Seal) Rose Margetts,

Notary Public, State of New Jersey,

(My commission expires October 21, 1960)

R.N.—a journal for nurses

E ACT  
ED BY  
D JULY  
Section  
MAN-  
F  
herford.

he pub-  
business  
Chap-  
Oradell,  
nderka-  
ng Edi-  
k Road,  
James  
Road,

Press,  
N. J.;  
kamack  
e. M.D.,  
& 47th  
B. Con-  
herford,  
3rd St.,  
an, Jr.,  
Miss  
Ridge-  
II, 136  
Chap-  
Miss  
Ridge-

ees, and  
iding 1  
bonds,  
None.

a cases  
der ap-  
any as  
on, the  
whom  
ements  
affiant's  
circum-  
stock-  
not ap-  
any as  
capac-  
ner.

an, Jr.  
is 26th

Jersey,  
(1960)

urses

# 8,000 clinical tests

prove

easier-to-apply

## A-200

**PYRINATE LIQUID**

**kills head, crab,**

**body lice,**

**and their eggs**

**...on contact!**



8,000 CLINICAL TESTS in the District of Columbia jail prove A-200 Pyrinate highly effective in killing both parasites and their eggs... on contact!

A-200 Pyrinate Liquid is easy to use, no greasy salve to stain clothing, quickly applied, easily removed, non-poisonous, non-irritating, no tell-tale odor... one application is usually sufficient.

The active ingredients of A-200 are Pyrethrum extract activated with Sesamin, Dinitroanisole and Olearesin of Parsley fruit, in a detergent-water-soluble base. The pyrethrins are well-known insecticides and Anisole is a well-known ovicide, almost instantly lethal to lice and their eggs, but harmless to man. A-200 Pyrinate Liquid has won quick and general acceptance by the profession wherever it has been introduced.



**A Product of McKESSON & ROBBINS, Incorporated, Bridgeport, Conn.**  
december, 1956



## bottled in bond

When overindulgence is the cause of gastric distress, consider BiSoDoL Mints for your patients. BiSoDoL Mints help restore a normal pH quickly, without acid rebound, without constipating effects so common to other antacids. BiSoDoL Mints are a well balanced combination of Magnesium Trisilicate, Calcium Carbonate and Magnesium Hydroxide, proved most effective for relief from hyperacidity. BiSoDoL Mints are pleasant to take too. Remember BiSoDoL Mints.

fast-acting **BiSoDoL** mints

(contain no baking soda)

WHITEHALL PHARMACAL COMPANY • NEW YORK, N. Y.

hosp, American owned Co. foreign installation, pd air travel, \$8500-\$9200. (c) OB, OR, 200 bed hosp, with reorg. program, opport use initiative, college town 25,000, MW. (d) Supv. anx. become Dir. small hosp, strong adm. support to capable person. \$5200, MW. (e) Supv. act as Consultant, investiagte commercial nursing homes in new state program. \$6000, expenses. RN 12-9 Burneice Larson, 900 N Michigan Ave., Chicago, Ill.

**SURGICAL SCRUB NURSES:** Two. 65 bed general hospital located 40 mi from Dallas, Tex. Starting salary \$350 per mo. plus laundry of uniforms and one meal per day. Living quarters available. Apply Director of Nurses, City-County Hospital, McKinney, Tex.

## WHERE TO FIND OUR ADVERTISERS

American Hospital Supply Corp.	7
Anahist Company, Inc.	85
Aseptic-Thermo Indicator Co.	81
Ayerst Laboratories	IBC
Barco Uniforms	68
Barnes Hospital	87
Baxter Laboratories, Inc.	7
Beech-Nut Company	23
Belmont Laboratories Co.	81
Borden Company, The	8
Bristol-Myers Company	BC
Brown & Williamson Tobacco Corp. (Viceroy Cigarettes)	24
Burroughs Wellcome & Co.	86
Carbisdulphol Company	82
Chemway Corp.	71
Ciba Pharmaceutical Products, Inc.	26
City of Detroit, Civil Service Commission	86
Clinic Shoe for Young Women in White	2
Desitin Chemical Co.	73
Dome Chemicals, Inc.	84
Esquire Lanol-White	20
Evanston Hospital Ass'n.	80
Everest & Jennings, Inc.	28
Fleet Company, C. B.	17
General Foods Corp.	29
Hanes Hosiery, Inc.	4
Hoffmann-LaRoche Inc.	82
Hollister Co., F. C.	22
Hollywood Shoe Polish, Inc.	16
Hudson Vitamin Products, Inc.	85
Johnson & Johnson	31
Kimble Glass Co. (Div. of Owens Glass Co.)	9
Knemark Manufacturing Co.	20
Knox Gelatine Co., Inc., Chas. B.	23
Lavoris Company, The	76
Lederle Laboratories	77
Leeming Co., Inc., Thos.	21
Lever Brothers Company	78
Made-to-Measure Uniforms	92
McKesson & Robbins, Inc.	93
Medical Bureau, The	74
Miners Memorial Hospital Ass'n.	89
New York Pharmaceutical Co.	90
Ni-Co Uniforms	92
Pacquin, Inc.	IFC
Park, Davis & Co.	80
Pfizer Laboratories, Div. of Chas. Pfizer & Co. 14.	15
Pharmaco, Inc.	12
Pharmasciel Laboratories	13
Preparation-H	70
Revlon, Pharmacal Division	83
Roeig & Company, J. B.	75
Springer Publishing Co., Inc.	74
University of Michigan Hospital	90
Viceroy Cigarettes	24
Vick Chemical Co.	19
Wander Company, The	32
Warner-Chilcott	6
Whitehall Pharmacal Co.	10, 94
White Laboratories, Inc.	10, 33
Zonite	71

R.N.—a journal for nurses

installa-  
OB, OR,  
oport  
MW. (d)  
strong  
00, MW.  
gte com-  
program.  
Larson,

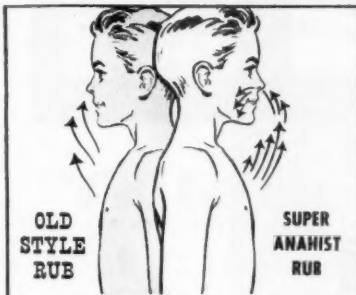
65 bed  
Dallas,  
us laun-  
y. Living  
Nurses,  
ex.

RTISERS

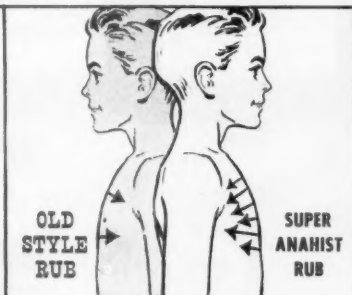
7  
95  
81  
IBC  
68  
87  
7  
25  
91  
8  
BC  
24  
96  
92  
71  
26  
86  
2  
73  
84  
20  
80  
28  
17  
29  
4  
82  
22  
16  
85  
31  
9  
20  
23  
76  
77  
21  
78  
92  
93  
74  
89  
90  
92  
IFC  
30  
15  
12  
13  
20  
83  
75  
74  
90  
24  
19  
32  
6  
10, 94  
18, 33  
71

# Do Your Patients Use a Chest Rub that Hasn't Improved in 50 Years?

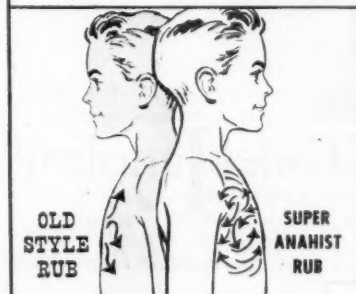
See why so many Nurses now recommend new  
**Super Anahist Deep-Penetrating Rub!**



Compare **SUPER ANAHIST RUB** with the old-style rub that hasn't improved its formula in 50 years! **SUPER ANAHIST RUB** creates more medicated vapors, faster, assuring more relief with every breath!



New **SUPER ANAHIST RUB** penetrates faster and deeper. Its special heat-generating ingredient goes right into the chest—to loosen phlegm, break up congestion, relieve cold miseries—fast!



New **SUPER ANAHIST RUB** gives up to six times more circulation over affected areas...helps speed away cold "poisons" faster! It helps bring recovery from worst cold miseries overnight!



New **SUPER ANAHIST DEEP-PENETRATING RUB** requires far less rubbing, needs no bandages, flannel or towels—as do old-style rubs. It's "made to order" for busy nurses. Recommend it! Use it!

## **SUPER ANAHIST® DEEP-PENETRATING RUB**

• A Development of the Anahist Research Laboratories •

december, 1956

95

nurses

# Keep the beauty of your skin

Lanoline supplements the natural oils of your skin. It provides protection against the drying effects of soap and detergents.

- smooth and creamy •
- delicately perfumed • pleasant to use •



## 'Wellcome'<sup>®</sup> Toilet Lanoline

*with Solid and Liquid Petrolatum*



To: BURROUGHS WELLCOME & CO. (U.S.A.) INC.  
DEPT B3, TUCKAHOE 7, NEW YORK

Please send me a sample of  
'Wellcome'<sup>®</sup> brand Toilet Lanoline  
with Solid and Liquid Petrolatum.

Name: \_\_\_\_\_

Address: \_\_\_\_\_

purse size,  $\frac{3}{4}$  oz. tube  
desk size,  $1\frac{1}{4}$  oz. tube  
for the nursery 1 lb. jar

◀ free sample on receipt of this coupon

## FOR SELF-ADMINISTERED INHALATION ANALGESIA



### "Trilene"® and the

Brand of trichloroethylene U.S.P. (Blue)

### "Duke"® University Inhaler

No. 3160 Model-M

- *notably safe and effective*

"Trilene," self administered with the "Duke" University Inhaler, under proper medical supervision, provides highly effective analgesia with a relatively wide margin of safety.

- *convenient to use*

The "Duke" University Inhaler (Model-M) is specially designed for economy, facility of handling, and ready control of vapor concentration.

- *special advantages*

Induction of analgesia is usually smooth and rapid with minimum or no loss of consciousness. Patients treated on an ambulatory basis can usually leave the doctor's office or hospital within 15 to 20 minutes. Inhalation is automatically interrupted if unconsciousness occurs.

"Trilene" alone is recommended only for analgesia, not for anesthesia nor for the induction of anesthesia. Epinephrine is contraindicated when "Trilene" is administered.

"Trilene" is available in 300 cc. containers, 15 cc. tubes,

Ayerst Laboratories • New York, N. Y. • Montreal, Canada



Ayerst Laboratories make "Trilene" available in the United States by arrangement with Imperial Chemical (Pharmaceuticals) Limited.

5556



**When the aches of a "cold"  
make office days difficult  
BUFFERIN® gives fast pain relief**

The malaise of the common cold, dysmenorrhea, headache—all these and other minor discomforts are magnified on days when pressure is greatest. Take BUFFERIN, the sodium-free antacid analgesic. It acts twice as fast as aspirin, but won't upset your stomach like aspirin. With this prompt relief of pain you will find it easier to continue working, even on your most arduous days.

Each BUFFERIN tablet provides 5 gr. of acetylsalicylic acid with the antacids aluminum glycinate and magnesium carbonate. BUFFERIN contains no sodium, thus is suitable for cardiovascular patients and others on salt-restricted diets.

**BRISTOL-MYERS COMPANY,**  
19 West 50 Street, New York 20, N. Y.





of